

# RED HILL SCHOOL NEWSLETTER

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- ❖ Questacon Excursion YR2
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Aislinn in 5MN competing at the athletics carnival.



**Red Hill School is a Nut Free Environment**



28th July 2023



**ACT**  
Government  
Education

  
**Red Hill**  
SCHOOL  
*Open hearts • Inquiring minds*



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Fee code for Voluntary Contributions is VOL CONS

# Leadership Team

## Dear Parents and Carers,

At last week's whole school assembly there was great excitement at the announcement that two traditions have been reinstated. The first was the return of the "Golden Gnome", which was proudly wrapped in a blue scarf by the La Perouse house leaders. For those of you who have not heard mention of this tradition, the Golden Gnome (which has sat without purpose on the front office counter for a while) used to visit assembly regularly to be wrapped in the scarf of the house which had earned the most points. His reappearance at assembly last Friday was received with applause from the students.

House points are earned by students for participation in events such as the sports carnivals, as well as in class and on the playground through demonstration of the attributes of the Learner Profile or one of the attitudes that underpin these attributes e.g., supporting a classmate who is experiencing a challenge, showing kindness to a younger student, working cooperatively with peers, persevering with a personally challenging task. Students can also earn house points by receiving a gold token when they demonstrate a specific targeted behaviour. At present we are focusing on respect for self, others and the school environment.



## RED HILL INTERESTS, PURSUITS AND PURPOSE PROGRAM (RHIPP)

The second announcement that received an enthusiastic round of applause on Friday was in regard RHIPP. RHIPP is a whole school program underpinned by relational and positive education principles, designed to enrich young people's holistic development.

Some of the intentions of the RHIPP program are to:

- promote physical and emotional wellbeing by exposing students to potential interests and hobbies that they can pursue outside school and later in life,
- encourage students to be balanced, open-minded and willing to explore new experiences,

- create a sense of belonging and connectedness by fostering cross-age relationships between adults and students of different ages,
- help young people and adults develop a sense of purpose by providing service and giving to others (older students leading activities and mentoring younger students, wider community engagement such as outreach singing), and
- provide an avenue for children and adults to pursue areas of interest and explore personal strengths and individual learning styles.

Students from all ages will attend a wide range of activities delivered by teachers, volunteers and year six students on Friday afternoons. Experiences include bike riding, chess, gardening, cooking, sewing, sport, Origami, water colour painting, African Dance, gym, community service, Lego... The list is endless really. Students will be encouraged to try a mixture of new things, things that they love doing and things that give pleasure to others.

### WOULD YOU LIKE TO BE INVOLVED IN RHIPP?

Do you enjoy gardening, cooking, bike riding, chess, sewing? Is there something else you are passionate about? We would love helpers (parents, grandparents, aunts, uncles, siblings) to make the RHIPP program a huge success. Please get in touch if you are interested in being a RHIPP volunteer.

### PLAYPOD : CALLING FOR RECYCLED MATERIALS

We would really appreciate donations of recycled materials, especially old clothes, shawls, scarves, large pieces of material, foam pieces, old bike tyres, cardboard tubes, etc. The materials will be used for our junior school Play Pod, which provides resources for younger students to play with during recess and lunch. It is not structured play but an opportunity for students to use objects to inspire their own creative play. Play Pod is based under the tree near the bike racks and the resources are stored in a room beside 'junior after school care'.

In closing, I would like to welcome back Dave Corcoran, who has been assisting another school for the last few months. Although they don't attend Red Hill School, I would also like to send a big 'thank you' to the twenty-four senior students from Telopea School who volunteered at our athletics carnival last week. They were fantastic helpers and wonderful role models.

Kind regards

Louise Owens (Principal)

### TERM 3 ASSEMBLIES

<b>Week 3 Friday</b>	JUNIOR ASSEMBLY : Year 2 will host. 9.30am-10.15am Parents are invited to attend.
<b>Week 4 Friday</b>	Athletics Ribbons (Year 2-6) 9.30-10.00am Parents are invited to attend.
<b>Week 5 Friday</b>	SENIOR ASSEMBLY: Year 5 2 will host. 9.30am-10.15am Parents are invited to attend.
<b>Week 6 Friday</b>	Book Week Walkathon, Costume Parade and Morning Tea 9.30am-11.30am Parents, grandparents and other family members are welcome to attend.
<b>Week 8 Friday</b>	JUNIOR ASSEMBLY : Year 1 will host. 9.30am-10.15am Parents are invited to attend.
<b>Week 10 Friday</b>	WHOLE SCHOOL ASSEMBLY 9.30am – 10.15am Students and Staff only



# House Soccer

Wednesday and Friday lunchtimes were very exciting in term 2 with many students in years 4-6 participating in the house soccer competitions. This year was the first time that year 4 have had house sports which was due to school captain, Alsen Lai, fulfilling his pledge to provide this opportunity for his fellow students. Thank you to Alsen for refereeing the games and to the year 6 sports leaders for setting up the oval and doing the scoring each week.

The games were very exciting with the year 4 players demonstrating fierce competitive spirit. The year 5/6 games had a nice mix of brilliant individual skills and cohesive team play. Once the semi-finals started the teams were very evenly matched and some games had to be decided by penalty shoot outs. Well done to all students who participated – particularly those students who played team soccer for the first time. Congratulations to the teams that won their finals.



Year 4 house soccer champions – Flinders





Year 5/6 girls house soccer champions – Monaro



Year 5/6 boys house soccer champions - Monaro



# Lost and Found

## Lost and Found

We have changed the way we process lost and found at the school.

During Covid parents were limited from attending the school so staff distributed items back to students.

Now with restrictions reduced we are returning to a system where students are primarily responsible for collecting lost and found from outside the uniform shop.

All lost and found will be placed in the big blue bin in the corridor outside the uniform shop. A few times a week this will be sorted and placed in the adjoining cupboards which are divided into named uniform items, unnamed uniform items, non-uniform clothing and in the final cupboard drink bottles, lunch boxes and other items. By sorting the items, we hope to make searching quicker and easier for the students. Parents are also welcome to look for an item there at drop-off or pick-up.

We are making this change partly because returning items took up a lot of staff time and also because having the students responsible for recovering items will hopefully encourage them to not lose them in the first place.

Michael

Uniform Shop Manager



# Uniform Shop

## Ordering Online

The Red Hill School P&C Association uses Flexischools for uniform shop sales.

<https://www.flexischools.com.au/>

It is a cashless online ordering system which streamlines payment, ordering and processing of purchases and events.

Quick and easy, it can be accessed 24/7 on PC, Mac or mobile app.

School Uniform orders for existing students will be delivered to your child's classroom. Otherwise, orders can be collected from the front office.

## Ordering in person

Opening hours Wednesday 8.30 to 10:00am and Friday 2.30 to 4.00pm. We prefer payment by credit card, but we can accept cash.

With COVID continuing to present a risk we prefer that orders are made online where possible.

Secondhand requests can be emailed through to the shop manager.

Donations can be placed in the purple bin in the front office foyer.

Lost property will continue to be monitored and items that are labelled sent to the front office for return to the student. Anything not labelled will be sent to charity.







## Healthy Kids Canteen Menu Red Hill Primary School

Order online at [www.flexischools.com.au](http://www.flexischools.com.au)

Term 2  
2023

### Sandwiches & wraps toasted or untoasted

All served on wholemeal bread unless otherwise requested.

Vegemite (with margarine) <b>V</b>	\$3.00
Cheese <b>V</b>	\$3.50
Cheese & tomato <b>V</b>	\$4.00
Ham	\$4.00
Ham & cheese	\$4.50
Ham, cheese & tomato	\$5.00
Ham & salad	\$5.50
Ham, lettuce & mayo	\$4.50
Chicken & cheese	\$5.00
Chicken & salad	\$4.80
Chicken, lettuce & mayo	\$4.50
Tuna & cheese	\$4.50
Tuna, lettuce & mayo	\$4.50
Rainbow: Lettuce, carrot, tomato, cucumber, beetroot <b>V</b>	\$4.50
Salad & cheese <b>V</b>	\$4.20
Egg & cheese <b>V</b>	\$4.50
Egg, lettuce & mayo <b>V</b>	\$4.50

### Change up your sandwich

Add: ham, chicken, tuna, egg or cheese	\$1.00
Add: Lettuce, carrot, cucumber, tomato, beetroot	\$0.60

Change to: wrap	Extra \$0.50
Change to: gluten-free bread <b>GF</b>	\$1.00

### Fresh salads

Build your own salad	From \$5.00
Seasonal fruit salad <b>V GF</b>	\$4.00



**V** = Vegetarian

**GF** = Gluten Free **H** = Certified Halal

H denotes products which have been Halal Certified. All chicken used in sandwiches and hot meals is also Halal Certified.

### Hot meals

Pasta Bolognaise	\$6.50
Pasta Napolitana	\$5.50
Sausage roll	\$5.50
Beef lasagna	\$6.50
Veggie lasagna	\$6.50
Honey soy fried rice - chicken	\$6.50
Honey soy fried rice - veggie	\$5.50

### Weekly specials

<b>Wednesday:</b>	Stone baked pizza	\$6.50
<b>Thursday:</b>	Crispy chicken burger wrap	\$6.00
<b>Friday:</b>	Nacho dippers	\$6.00
	Sushi rolls	\$4.80

### Snacks

Piece of seasonal fruit <b>V GF</b>	\$2.00
Poppin' corn <b>V GF</b>	\$1.00
Jelly (made with 100% juice)	\$2.00
Fluffy chocolate mousse <b>V GF</b>	\$2.50
Banana bread <b>V</b>	\$2.00
Cheesy garlic bread <b>V</b>	\$2.50
Veggie sticks	\$2.00
Custard cup	\$2.00
Jelly / custard	\$2.00
Milo cookie	\$1.50

### Frozen

Quech juicy sticks <b>V GF</b>	\$1.00
Twisted frozen yoghurt (chocolate/vanilla, Strawberry/vanilla, watermelon/mango) <b>V GF</b>	\$3.00
Juice cups	\$2.00

### Drinks

Plain milk: 300ml	\$2.50
Sipahh straw	\$0.50

Red Hill School Calendar 2023 – Term 2					Mon 17 July – Fri 22 Sep
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 July 17 – 21		18/7 Athletic Carnival 2-6			
Week 2 July 24-28		25/7 SIEV X Memorial Excursion YR6		27/7 Learning Journey YR4	
Week 3 July 31- Aug 4	31/7 Kinder health checks	1/8 Kinder health checks	2/8 Kinder health checks		Junior Assembly YR2
Week 4 Aug 7- 11				10/8 Questacon 10am-2pm YR2	Athletics Ribbons Assembly YR2-6
Week 5 Aug 14-18		15/8 Cotter Excursion YR 4		17/8 Learning Journey YR2	18/8 Learning Journey YR1 Senior Assembly YR5
Week 6 Aug 21- 25	21/8 Book Week				Book Week Walkathon, Costume Parade and Morning Tea
Week 7 Aug 28- Sep 1			30/8 Learning Journey YR3		
Week 8 Sep 4 -8		5/9 Learning Journey Preschool	6/9 Wassa Wassa Limelight Gala Performance	7/9 Wassa Wassa Limelight Gala Performance	Junior Assembly YR1
Week 9 Sep 11- 15				14/9 Learning Journey Kindergarten	
Week 10 Sep 18- 22					Whole School Assembly

## Free workshops for women seeking work

### Get tips for interpreting job ads



Learn about writing a resume



Practice for an interview



Hear from guest speakers



### Each Return to Work series runs over 3 days

#### Series one - Woden Library

Wednesday 26 July  
Wednesday 2 August  
Wednesday 9 August

#### Series three - Woden Library

Wednesday 18 October  
Wednesday 25 October  
Wednesday 1 November

#### Series two- Belconnen Library

Wednesday 23 August  
Wednesday 30 August  
Wednesday 6 September

#### Series four- Belconnen Library

Wednesday 8 November  
Wednesday 15 November  
Wednesday 22 November



Scan the code  
to register or email:

[csdrtw@act.gov.au](mailto:csdrtw@act.gov.au)





PARENTLINEACT.ORG.AU

# TELEPHONE PARENTING COUNSELLING

Counsellors are now just a phone  
call away!  
(02) 6287 3833



## CHESS!!

Learn to be a chess champion! Coaching for students at Red Hill Primary School (ACT) is held on Mondays from 3:20pm to 4:20pm, starting on 24 July 2023.

Learning and playing chess helps children develop their logical thinking and problem solving skills, improves their concentration and focus, while also being a great source of enjoyment. Activities include group lessons on a demonstration chess board or interactive whiteboard, puzzle solving and fun practice games.

Students earn merit awards by making checkmates, or by displaying skills and positive qualities, which all good chess players strive to develop.

Each student in the Chess program will also receive access to Chess Squad <https://www.chesssquad.com/> which is an online teaching/playing platform.

If your child is interested in taking part in the class, please email [office.sydneyacademy@gmail.com](mailto:office.sydneyacademy@gmail.com) for an enrolment form. For all enquiries, please contact Sydney Academy of Chess on (02) 9745 1170.



**FOXFIT PT**  
FEMALE COACHING & TRAINING

# Pelvic Floor Function Workshop

Learn to better maintain your pelvic floor health with strategies and knowledge provided through a practical and engaging workshop.



Woden Valley Uniting Church  
40 Gillies Street, Curtin, 2605



Thursday 10 August  
6pm to 7pm



0406 975 934

 [foxfitpt.com.au](https://foxfitpt.com.au)

 Curtin, Canberra, ACT

**JOIN US**





**PERFORMANCE ACADEMY  
2023/24 TRIALS  
UNIVERSITY OF CANBERRA  
SUNDAY 27 AUGUST 2023  
REGISTER NOW:**



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