

RED HILL SCHOOL NEWSLETTER

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Year 2 students listening to a recent talk from
'Lids 4 Kids'

**Red Hill School is a Nut Free
Environment**



3rd November 2023



ACT
Government
Education

Red Hill
SCHOOL

Open hearts • Inquiring minds



Notes Home

Yr 6 Camp note 2024

Griffith Preschool Excursion
Kindergarten Orientation

Astrolabe Street, Red Hill

Ph: 6142 0960

PO Box 22, Red Hill, ACT 2603

Website: www.redhillps.act.edu.au

Email: info@redhillps.act.edu.au

Fee code for Voluntary Contributions is VOL CONS

Leadership Team Overview

Dear Parents and Carers,

CONGRATULATIONS!

The ACT Public Education awards were hosted last Friday evening at Llewellyn Hall. Please join us in congratulating Felicity (Flip) Roantree, one of our parents, who won the 2023 Volunteer of the Year award. Flip has tirelessly worked as a volunteer on two large school projects over the last three years. She has led major transformations of our school vegetable garden and the bathrooms, putting in hundreds of hours of unpaid and inspirational work to support the school's positive education and environmental curriculum initiatives. Congratulations Flip! On behalf of the students and our school community, thank you immensely for your valuable contributions to our school.

Both of the projects Flip has led were jointly funded by the school and a Parent Engagement grant that our P&C applied for in 2020.

We would also like to thank Lisa Cetrtek who worked with Flip on the original grant concepts, and Lara Hayes. Both Lisa and Lara have put in many hours to help action the Parent Engagement initiatives in their roles as P&C presidents. Flip would also like to acknowledge Lisa, Denis, Sebnem, Susannah and Madame Szeremet for their regular help in the garden and all the other parent helpers who have turned up to the garden working bees. Thank you as well, Lara Jurkiewicz, for raising our chicks, who have turned out to be great egg layers!

2024 PLANNING

All students should have brought home their completed sociogram. This is a list of students that your child has indicated that they would be happy to have in their class next year. Please check the list and have a discussion at home with your child about their choices, as the sociograms will be used to help inform the creation of classes for next year. The sociograms are due back to school by 24 November.



The kindergarten teachers have been busy conducting the end of year BASE assessments with the students. The assessments are now complete, and the results will be distributed later in the year. It is always nice to see the growth students make over the kindergarten year.

It has been a busy couple of weeks with excursions and other student activities around the school. Last week the kindergarten students had a wonderful day at the National Zoo and Aquarium and on Monday the year three students visited the National Museum. The students enjoyed these experiences, and we would like to commend them for how well they represented our school whilst out in the community.

Congratulations to the year five students for successfully running their Experiences Expo (formerly known as Market Day) on Tuesday. There were a number of changes trialed this year and the feedback has been very positive. The students worked hard operating their stalls for the whole day. The other grades had a great time experiencing the variety of activities on offer. Lots of learning and work went into planning and preparation for the event. A big thank you to the year five teachers for their effort and enthusiasm in supporting the students. Lastly, the year five team would like to thank everyone for their generous donations to support the students' fundraising efforts.

On Wednesday night the year six students hosted their Arts Evening. The night featured performances by the school choir, student dance groups, Wassa Wassa and the Year 6 Band. The walls of the hall also featured some wonderful visual art pieces. The night was a great celebration of the arts program offered to the senior students at Red Hill School. The funds raised from the night will go towards our sponsorship of Mohammed Sylla through Plan International.

Kind regards

Nathan James and David Corcoran (Deputy Principals)

THREE-YEAR-OLD PRESCHOOL LIST OF PARTNER PROVIDERS FOR 2024

Universal access to quality early childhood education for three-year-old children is a key initiative under 'Set Up for Success: An Early Childhood Strategy for the ACT'. From the start of 2024, free three-year-old preschool will be available to all Canberra families for 300 hours per year. The three-year-old preschool program will be delivered through participating Early Childhood Education and Care services. Over 130 services across the ACT have partnered to deliver three-year-old preschool in 2024.

A list of partner provider services is now available on the Education Directorate website, along with Frequently Asked Questions and further information for families.

Uniform Shop

Ordering Online

The Red Hill School P&C Association uses Flexischools for uniform shop sales.

<https://www.flexischools.com.au/>

It is a cashless online ordering system which streamlines payment, ordering and processing of purchases and events.

Quick and easy, it can be accessed 24/7 on PC, Mac or mobile app.

School Uniform orders for existing students will be delivered to your child's classroom. Otherwise, orders can be collected from the front office.

Ordering in person

Opening hours Wednesday 8.30 to 10:00am and Friday 2.30 to 4.00pm. We prefer payment by credit card, but we can accept cash.

With COVID continuing to present a risk we prefer that orders are made online where possible.

Secondhand requests can be emailed through to the shop manager.

Donations can be placed in the purple bin in the front office foyer.

Lost property collected around the school is placed in the big blue bin outside of the uniform shop.

Due to the amount of lost property and the shortage of staff, labeled items will no longer be returned to classrooms. Instead, the items in the blue bin will be sorted and then placed in the adjoining blue and white cupboards for students to look through and collect any of their property that they find."



Uniform Shop Extended Hours 2024

The uniform shop is open for extended hours early each year to cater for increased demand in this period.

We will open in the week before schools restarts with the hours shown below.

Please note that new students start school on Tuesday 30 January 2024. Continuing students return to school on Wednesday 31 January 2024. Friday the 26th of January is a public holiday.

Current opening hours (Wednesday 8:30am to 10:00am and Friday 2:30pm to 4:00pm) will not change for the duration of term four in 2023 but Flexischool orders after the 6th of December will not be available until the shop reopens in 2024.

The shop will be setup in the grade four corridor prior to the resumption of classes on the 31st of January.

Opening Hours 2024

Tuesday 23rd of January	1:30pm to 3:30pm
Wednesday 24th of January	11:00am to 1:00pm
Thursday 25th of January	9:00am to 12:00pm
Monday 29th of January	9:00am to 11:00am
Tuesday 30th of January	8:30am to 10:00am
Wednesday 31st of January	8:30am to 10:00am
Friday 2nd of February	2:00pm to 4:00pm

And from then on, Wednesday 8:30am to 10:00am and Friday 2:30pm to 4:00pm.



Healthy Kids Canteen Menu Red Hill Primary School

Order online at www.flexischools.com.au

term 2
2023

Sandwiches & wraps **toasted or untoasted**

All served on wholemeal bread unless otherwise requested.

Vegemite (with margarine) V	\$3.00
Cheese V	\$3.50
Cheese & tomato V	\$4.00
Ham	\$4.00
Ham & cheese	\$4.50
Ham, cheese & tomato	\$5.00
Ham & salad	\$5.50
Ham, lettuce & mayo	\$4.50
Chicken & cheese	\$5.00
Chicken & salad	\$4.80
Chicken, lettuce & mayo	\$4.50
Tuna & cheese	\$4.50
Tuna, lettuce & mayo	\$4.50
Rainbow: Lettuce, carrot, tomato, cucumber, beetroot V	\$4.50
Salad & cheese V	\$4.20
Egg & cheese V	\$4.50
Egg, lettuce & mayo V	\$4.50

Change up your sandwich

Add: ham, chicken, tuna, egg or cheese \$1.00

Add: Lettuce, carrot, cucumber, tomato, beetroot \$0.60

Change to: wrap Extra \$0.50

Change to: gluten-free bread **GF** \$1.00

Fresh salads

Build your own salad From \$5.00

Seasonal fruit salad **V GF** \$4.00

Hot meals

Pasta Bolognese	\$6.50
Pasta Napolitana	\$5.50
Sausage roll	\$5.50
Beef lasagna	\$6.50
Veggie lasagna	\$6.50
Honey soy fried rice -.chicken	\$6.50
Honey soy fried rice -.veggie	\$5.50

Weekly specials

Wednesday: Stone baked pizza	\$6.50
Thursday: Crispy chicken burger wrap	\$6.00
Friday: Nacho dippers	\$6.00
Sushi rolls	\$4.80

Snacks

Piece of seasonal fruit V GF	\$2.00
Poppin' corn V GF	\$1.00
Jelly (made with 100% juice)	\$2.00
Fluffy chocolate mousse V GF	\$2.50
Banana bread V	\$2.00
Cheesy garlic bread V	\$2.50
Veggie sticks	\$2.00
Custard cup	\$2.00
Jelly / custard	\$2.00
Milo cookie	\$1.50

Frozen

Quelch juicy sticks V GF	\$1.00
Twisted frozen yoghurt (chocolate/vanilla, Strawberry/vanilla, watermelon/mango) V GF	\$3.00
Juice cups	\$2.00

Drinks

Plain milk: 300ml	\$2.50
Sipahh straw	\$0.50



V = Vegetarian

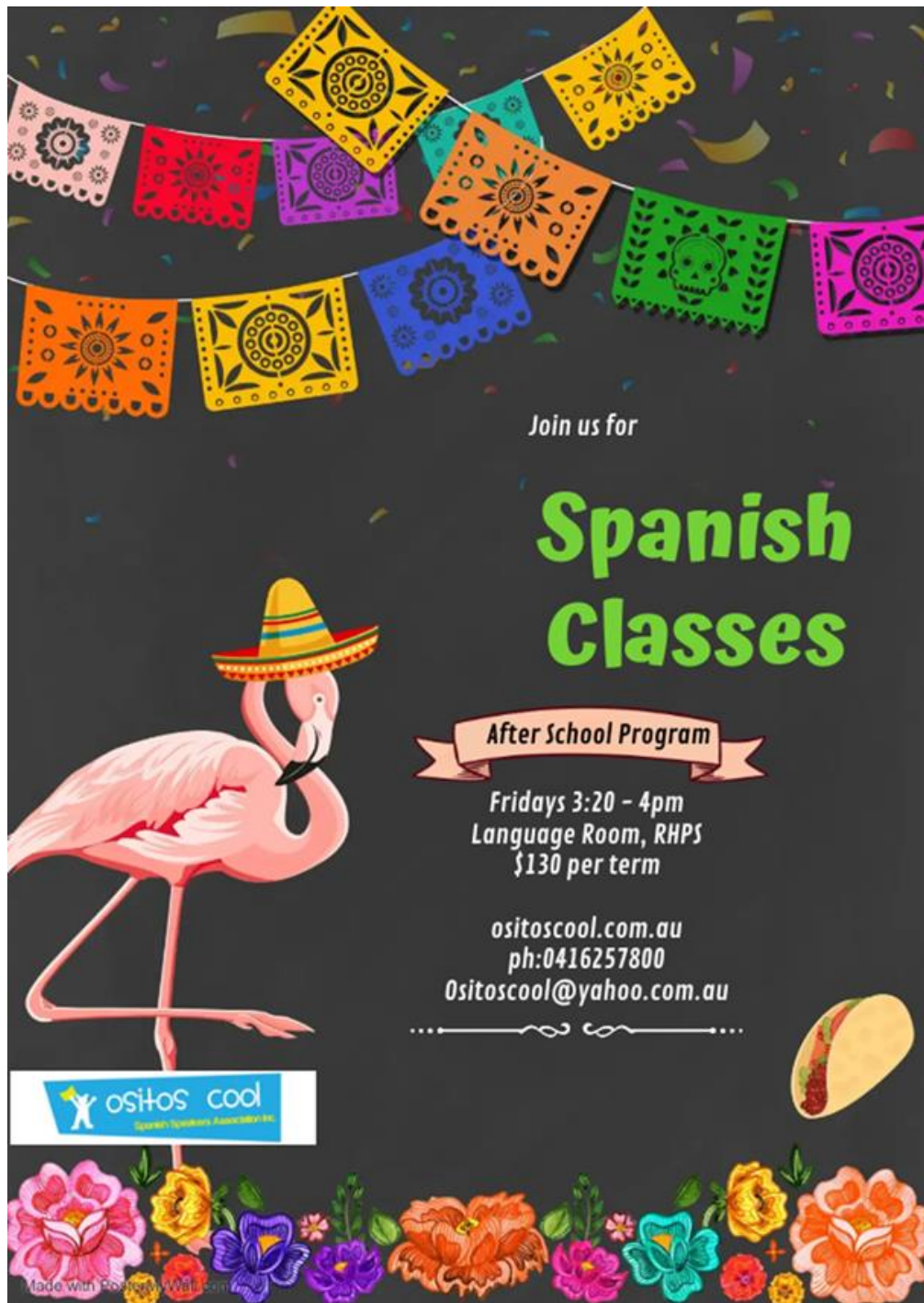
GF = Gluten Free

H = Certified Halal

H denotes products which have been Halal Certified. All chicken used in sandwiches and hot meals is also Halal Certified.

Red Hill School Calendar 2023 – Term 4					Mon 9 Oct – Fri 15 Dec
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Oct 9 - 13			11 Oct Year 4 camp at Birrigai	12 Oct Year 4 camp at Birrigai	13 Oct Year 4 camp at Birrigai
Week 2 Oct 16 - 20	16 Oct BASE testing begins for Kinder. Narrabundah ECS Transition Afternoon Tea 3.30- 4.30pm			19 Oct Jamie Pearlman YR 5/6 Basketball Finals	
Week 3 Oct 23 - 27					27 Oct Kinder Zoo Excursion 9.30am-2.30pm Junior Assembly YR 3
Week 4 Oct 30 – Nov 3	30 Oct YR 3 Excursion to the National Museum 9.20am-2pm	31 Oct YR 5 Experience Expo (Previously Market Day)	1 Nov YR 6 Arts Evening 6.30pm-8pm		
Week 5 Nov 6 - 10					10 Nov Senior Assembly YR 4
Week 6 Nov 13 - 17		14 Nov 2024 Red Hill Preschool/Kindy Transition Visits	15 Nov SRC Odd Fashion Day- Smith Family	16 Nov 2024 Red Hill Preschool/Kindy Transition Visits	
Week 7 Nov 20 - 24		21 Nov 2024 Griffith Preschool/Kindy Transition Visits	22 Nov YR 5 Arts Performance 9.00am- 10.30am 2024 Preschool information session 4pm-4.30pm	23 Nov 2024 Griffith Preschool/Kindy Transition Visits	
Week 8 Nov 27 – Dec 1			29 Nov Aural Testing YR 4- Band 2024 9.10am-10.30am	30 Nov Exhibition 6pm-9pm	1 Dec Aural Testing YR4- Band 2024 11.10am-12.50pm Garrang Griffith preschool visit Junior Assembly Kindergarten
Week 9 Dec 4 - 8			6 Dec Winyu Griffith Preschool visit Year 6 Fun Day Year 6 Dinner	7 Dec End of Year School Disco YR 6 Transition visit to Telopea	8 Dec Year 6 Achievement Assembly Pool Fun Day
Week 10 Dec 11- 15			13 Dec Volunteer Morning Tea	14 Dec Year 6 Graduation	15 Dec Whole School Assembly

Community News



A vibrant poster for Spanish classes. At the top, a string of colorful Mexican paper flags (papel picado) in yellow, red, purple, orange, blue, green, and pink hangs against a dark background with falling confetti. On the left, a pink flamingo stands wearing a traditional Mexican sombrero with yellow, orange, and red stripes. The text 'Join us for' is in a small, white, italicized font. Below it, 'Spanish Classes' is written in large, bold, green letters. A pink ribbon banner contains the text 'After School Program'. Below the banner, the schedule 'Fridays 3:20 - 4pm', location 'Language Room, RHPS', and cost '\$130 per term' are listed. Contact information includes 'ositoscool.com.au', 'ph:0416257800', and 'Ositoscool@yahoo.com.au'. A decorative flourish separates the contact info from a small illustration of a taco. At the bottom, a row of colorful flowers (pink, yellow, purple, orange, blue) is shown. The 'ositos cool' logo is in the bottom left corner, and a small watermark 'Made with PosterMyW...' is visible at the very bottom left.

Join us for

Spanish Classes

After School Program

Fridays 3:20 - 4pm
Language Room, RHPS
\$130 per term

ositoscool.com.au
ph:0416257800
Ositoscool@yahoo.com.au

ositos cool
Spanish Speakers Association Inc.

Made with PosterMyW...

GIRLS ONLY AFL

4 week introductory program



\$40

- Where: Kingston Oval
- When: 4:15 to 5:15
- Day: Fridays
- Starting 3 November
- Age group: 5 to 9



REGISTER NOW

☎ 0423 877 742

✉ JUNIORS@EASTLAKEFC.COM.AU



Australian Childhood Anxiety TREATMENT STUDY

Free home-based assessment and treatment for

7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of homebased treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:

 (07) 3735 3351

 cadrp@griffith.edu.au

 [Australian Childhood Anxiety Treatment Study](#)

