

RED HILL SCHOOL NEWSLETTER

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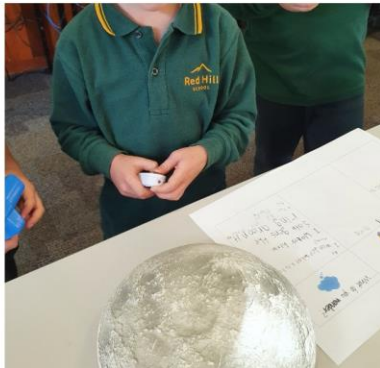
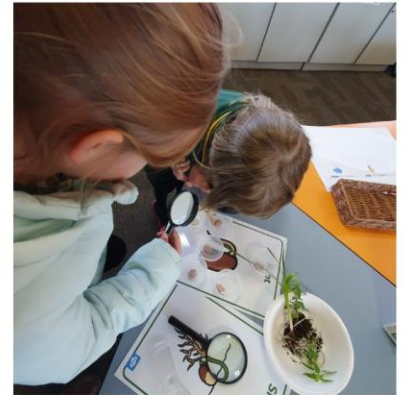
Red Hill School Calendar Term 2

**Red Hill School is a Nut Free
Environment**



Notes Home

- ❖ Year 5 Band Combined Band Rehearsal
- ❖ Year 5/6 Netball Gala Day
- ❖ Year 6 Fizzics Education Incursion
- ❖ Year 5 Band Payment Request



Year 1 Science Fair Provocation

17TH JUNE 2022



ACT
Government
Education

Red Hill
SCHOOL

Open hearts • Inquiring minds



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Leadership Team Overview

Dear Parents and Carers,

Thank You

On behalf of the teaching staff, I would like to thank you sincerely for supporting the pupil free days this term. Having an extended period of time on Wednesday in which to plan the upcoming units of inquiry was extremely productive for teaching teams. We were also able to complete Part 1 of long overdue Team Teach¹ refresher training. Part 2 will be completed after school in two weeks' time.

Some of you may have wondered why our pupil free days were on Wednesdays, particularly this week. The Education Directorate has a commitment to support staff with young children to work part-time. At present we have a large number of part-timer teachers whose shifts only overlap on Wednesdays, meaning these were the only days when we could bring all staff together to maximise input into assessment and planning decisions. As a government requirement the P&C also had some input with regards to the chosen dates.

Parent Engagement

We have planned multiple opportunities over the next twelve weeks for parents and carers to engage with the school. Please read the remainder of this newsletter carefully because we will “start next term running” with two valuable information sessions, followed quickly by a week of parent teacher interviews. The latter will be optional, providing parents and carers the chance to discuss their children’s semester one reports either online or face to face. An invitation containing a PtO booking link will be sent home to families in week 10 this term at the same time as students’ reports. Similarly, we will send home Eventbrite links to register for the information sessions.

Event	Date and time	Location
P&C Trivia Night	Week 9 term 2: Thurs. 23 rd June 6.30pm-10pm	Senior Hall
Year 5 Assembly 4-6 (parents invited)	Week 9 term 2: Friday 24 th June 9.30am	Senior Hall
Cross Country Ribbon Assembly K-6 (parents invited)	Week 9 term 2: Friday 24 th June 2.30pm	Senior Hall
Think U Know Cyber Safety (all year levels)	Week 1 term 3: Monday 18 th July 6-7.30pm	School Library
SHFPACT Puberty (years 5 and 6)	Week 1 term 3: Tuesday 19 th July 6-7.00pm	School Library
Parent teacher interviews (optional) (P-6)	Week 2 term 3: 25 th July to 29 th July	Online or at school
Book Week Virtual Book Fair	Week 6 term 3: August 22 nd -26 th	Online
Book Week Walkathon and Parade	Week 6 term 3: Friday August 26 th 9.30am-11am	Around the block!
Learning Journeys (P-5) ²	Weeks 6-10 term 3	Classrooms

¹ Team Teach was established in 2004 and is used by schools and other organisations throughout Australia and New Zealand. Refresher training is mandated in the ACT as part of the Directorate’s safety and risk management approach to support young people in schools. Team Teach provides training to promote and protect positive relationships between adults and children and enable staff to respond to challenging behaviours in line with the principles of Positive Behaviour for Learning (PBL) and Restorative Practices.

² Year 6 will hold their Exhibition in term 4.

We hope to see many of you at the Trivia Night. This is always a highly entertaining evening, especially when parents discover that primary school teachers are not particularly successful answering Trivia questions 😊.

Kind regards, Louise Owens (Principal)



More exciting news!

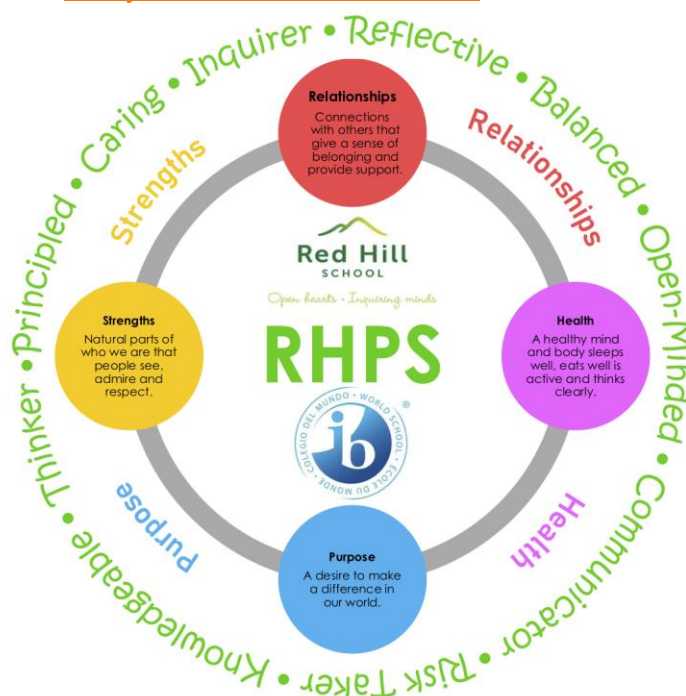
Paz Tartaglia, our new Defence Mentor, has commenced work. The first Defence 'Kids Club' sessions will start next week with a sharing of food and informal get together. Students are welcome to bring a friend along.

Junior School : Thursday June 23rd 11.30am-12.15pm

Senior School : Wednesday June 22nd 1.15pm-1.45pm

Positive Education

As an IB World School, Red Hill Primary is committed to promoting and supporting the wellbeing of all members within our community. We believe that “health and well-being are fundamental to quality relationships and effective interactions with others” (From *Principles into Practice, The Learning Community, IB*, p.5.), and over the past three years have worked with staff, students and community representatives to develop our own contextualised wellbeing framework. This framework is founded on Positive Psychology principles and promotes best practice positive education strategies. Staff regularly plan and teach lessons from the four domains; Relationships, Health, Purpose and Strengths, and all classes participate in daily mindfulness sessions and a variety of brain breaks. Included below is a visual overview of our wellbeing framework, if you would like more details please contact Kristy Aitchison Kristy.aitchison@ed.act.edu.au



Throughout our Positive Education journey, we have been fortunate to have Dr Justin Coulson as a critical friend and mentor. Here is a [quick tip video from Dr Justin Coulson around managing anxiety](#) - the strategy Justin mentions can be used for your kids as well as for yourself!

If you found this tip useful and would like to see more of Justin's parenting tips and strategies, don't forget that our school is subscribed to Dr Justin Coulson's Happy Families School Membership.

The membership offers monthly live webinars and Q&A sessions with Justin, online programs, weekly inspirational emails and blogs around parenting support, positive psychology methodologies to support children and get them to thrive, tips on managing kids and tech, getting them to get along with their siblings, raising resilience and many more!

If you are yet to sign up, please do so [here](#) (note that if you were signed up prior to October 2021, you need to sign up again as the platform has changed).



Comfortable talking to your kids about technology and the internet?



Red Hill Primary School will be hosting a ThinkUKnow presentation on **18th July at 6pm** and all parents, carers and teachers are encouraged to attend.

ThinkUKnow Australia is an evidence-based education program delivered nationally to prevent online child exploitation.

ThinkUKnow Australia is a partnership between the Australian Federal Police, Microsoft Australia, Datacom and the Commonwealth Bank of Australia. The program is delivered in collaboration with policing partners New South Wales Police Force, Northern Territory Police, Queensland Police, South Australia Police, Tasmania Police, Western Australia Police, as well as Neighbourhood Watch Australasia.

The presentation will be delivered by a local law enforcement member and an industry volunteer. The presentation is pro-technology and addresses topics including self-generated online child exploitation material, online grooming, image-based abuse, sexual extortion, and importantly encourages help seeking behaviour.

This is a fantastic opportunity for you to learn more about young people and the online environment, and how you can help them to be safe and responsible users of technology.

For more information, you can visit www.thinkuknow.org.au or contact mel.newton@ed.act.edu.au.

The session will cover:

- What young people SEE, SAY and DO online
- The challenges they may face
- How to report and get help if things go wrong

Year 5 & 6 Parent Puberty Information Evening



Dear Year Five and Six Parents,

Puberty is a significant time of growth and change that all humans experience, and education on the topic has many positive impacts for young people. To support parents and to coincide with the delivery of Year 5 & 6 Australian Health and Physical Education Curriculum, Red Hill Primary School has teamed up with Sexual Health and Family Planning ACT (SHFPACT).

The school has secured SHFPACT to present a Parent Information Evening around puberty. Parents will learn about sexuality and relationships education, its place in the school curriculum and how they can support their children through puberty and beyond. Common concerns and myths will be addressed as well as tips for effective communication and how to respond to tricky questions and further resources. Information regarding the upcoming year five student 'puberty' workshops will also be provided.

SHFPACT - Parents Puberty Information Evening

Date: Tuesday 19th July

Time: 6pm

Location: School Library

Uniform Shop

Due to COVID restrictions, all uniform shop orders are to continue via flexischools. <https://www.flexischools.com.au/>

COVID restrictions permitting...new families can book time with the Uniform Shop Manager if needed; please email for a booking time:

rhps.uniformshop@gmail.com

Secondhand requests can be emailed through to the shop manager.

Donations are to be placed in the purple bin in the front office foyer.

Lost property will continue to be monitored and items that are labelled sent to the front office for return to the student. Anything not labelled will be sent to charity.



Canteen

The school canteen is open Tuesday - Friday for lunch. Orders need to be placed on flexischools by 8am each day and will be delivered to classrooms at lunchtime:

- Kindergarten – year 3: 11.10am
- Years 4 - 6: 1pm

The link to Flexischools can be found on the school website.

The canteen would love to thank the amazing year 3 & 6 children who deliver lunch crates to their fellow students for us Tuesday to Friday. A great big thank you to the year 6 children who help serve counter sales at lunch time.

We also would love to welcome any parent/grandparent/carer who would like to volunteer in the Canteen, even for an hour or so to assist with counter sales.

Watch out for our first “International Food Day” in week 10, a student leader initiative!!!



Healthy Kids Canteen Menu

Red Hill Primary School

Order online at www.flexischools.com.au

term 2
2022

Sandwiches & wraps ~~toasted~~ or untoasted

All served on wholemeal bread unless otherwise requested.

Vegemite (with margarine) V	\$3.00
Cheese V	\$3.80
Cheese & tomato V	\$3.50
Ham	\$3.50
Ham & cheese	\$4.50
Ham, cheese & tomato	\$4.80
Ham & salad	\$4.70
Ham, lettuce & mayo	\$4.20
Chicken & cheese	\$4.50
Chicken & salad	\$4.70
Chicken, lettuce & mayo	\$4.50
Tuna & cheese	\$4.50
Tuna, lettuce & mayo	\$4.20
Rainbow: Lettuce, carrot, tomato, cucumber, beetroot V	\$4.30
Salad & cheese V	\$4.20
Egg & cheese V	\$4.50
Egg, lettuce & mayo V	\$4.20

Change up your sandwich:

Add: ham, chicken, tuna, egg or cheese	\$1.00
Add: Lettuce, carrot, cucumber, tomato, beetroot	\$0.60
Change to: wrap	Extra \$0.50
Change to: gluten-free bread GF	\$1.00

Fresh salads

Build your own salad	From \$4.80
Seasonal fruit salad V GF	\$3.50

Hot meals

Pasta Bolognese: beef (with or without cheese) H	\$5.80
Pasta Napolitana (with or without cheese) H V	\$5.00
Lasagne: beef H	\$5.80
Lasagne: veggie	\$5.80
Teriyaki chicken rice bowl	\$5.50
Stone-baked pizza (cheese or ham & pineapple)	\$5.80
Four'N Twenty Lite sausage roll	\$5.00
Four'N Twenty traveller pie	\$5.50
Chicken & veggie pie	\$5.50

Snacks

Piece of seasonal fruit V GF	\$1.50
Poppin' corn V GF	\$1.00
Jelly (made with 100% juice)	\$2.00
Fluffy chocolate mousse V GF	\$2.00
Banana bread V	\$2.00
Warm assorted English muffins	\$2.50
Cheesy garlic bread V	\$2.50
Veggie sticks	\$2.00

Frozen

Quech juicy sticks V GF	\$0.70
Twisted frozen yoghurt (chocolate/vanilla, Strawberry/vanilla, watermelon/mango) V GF	\$3.00
Juice cups	\$2.00

Drinks

Plain milk: 300ml	\$2.50
Sipahh straw	\$0.50



V = Vegetarian

GF = Gluten Free

H = Certified Halal

H denotes products which have been Halal Certified. All chicken used in sandwiches and hot meals is also Halal Certified.

Red Hill School Calendar 2022 – Term 2					Mon 25 Apr – Fri 1 July
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Apr 25 - 29	ANZAC Day		Year 5 Discovery Centre Excursion		
Week 2 May 2 - 6	PYP Network – Job-a-like		Year 4 Camp - Birrigai		
			Year 5 Future Skills Excursion		
Week 3 May 9 - 13	NAPLAN				
Week 4 May 16 - 20					Whole School Assembly
Week 5 May 23 - 27	School Photo Day (Including Sibling Photos)	Preschool photo Day Year 2/3 Cross Country	Staff Assessment and Moderation Day	School Photo Day – Catch up, Special Groups and Year 6	Preschool photo Day Year 6 Rostrum Finals
Week 6 May 30- 3 Jun	Reconciliation Day	Winyu & Dijira Preschool Arboretum Excursion	South/Weston 12&U Regional Cross Country- (Postponed)		Rostrum Assembly Gabadang & Gurang Preschool Arboretum Excursion
Week 7 Jun 6 - 10			Rescheduled South/Weston 12&U Regional Cross Country		Junior School Assembly (Year 2 hosting) Parents invited
Week 8 Jun 13 - 17	Queen's Birthday		Staff Planning Day Pupil free		
Week 9 Jun 20 - 24		Year 5 Band Combined Band Practice at Mawson Primary	Christian Education AFP – Think U Know Year 5 – 9:30am to 10:30am AFP – Think U Know Year 6 – 11:10am to 12:10pm	AFP – Think U Know Year 3 – 9:30am to 10:30am AFP – Think U Know Year 4 – 11:10am to 12:10pm	Senior School Assembly (Year 5 hosting) 9.30am Parents invited Netball Gala Day 5/6 Cross Country Ribbon Assembly 2.30pm
Week 10 Jun 27 – 1 Jul			Students' reports sent home by email		Whole School Assembly

Community News



McDonald School of Tennis Winter School Holiday Tennis Clinic



Kindergarten Kids to 17 Years

All standards

Red Hill Tennis Club, Astrolabe St, RED HILL

Monday 4th July to Friday 8th July
Monday to Friday 8:00am to 1:00pm (Half Day) or
Monday to Friday 8:00am to 6:00pm (Full Day)



✓ 100% refund after Monday if not continuing

✓ FULL DAY, less than \$6.00hr 🤖!👍💰



🎾 Full Stroke Development (1st timers/beginners will be serving over-arm by end of the clinic!)

🎾 Well trained and well credentialed coaching Team

🎾 Trophy Singles Tournament – Friday 🏆

🎾 Afternoon Doubles Training and Tournaments

🎾 McDonald's Lunch – Friday full day pupils

🎾 Great range of Lunchtime activities

🎾 Games, heaps of fun, Prizes galore!

Enrolment forms at WEBSITE- McDonald School of Tennis,

<https://www.mcdonaldschooloftennis.com.au/>

Or

please phone professionally qualified level 2 tennis coach Matt McDonald, 0412565137

HOLIDAY HAPPENINGS™



The next Holiday Happenings edition is now available online.

To see the *Programs, Activities & Events* happening these holidays go to:

www.holidayhappenings.com.au/online-booklet