

RED HILL SCHOOL NEWSLETTER

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Thomas Fanning from 4B worked hard on his costume for Book Week.

He came as the character 'The Walking House' from the book 'Amulet' by Kazu Kibuishi

"The house is a machine that is powered by a tree. It likes to bury itself in the dirt. The house is used to transport people. Inside is a medical bay and a control panel to drive it. It's a mech which requires two people to drive it."

29th August 2025



Notes Home

❖ Year 2 ACT Water Safety

Astrolabe Street, Red Hill

Ph: 6142 0960

PO Box 4235, Kingston, ACT 2604

Website: www.redhillps.act.edu.au

Email: info@redhillps.act.edu.au

Fee code for Voluntary Contributions is VOL CONS

Leadership Team

Dear Parents and Carers,

What a wonderful few weeks it has been, with so many events showcasing the learning, creativity, and talent of our students.

BookWeek

Last Friday's Book Week celebrations were a true highlight. It was fantastic to see so many students, staff and parents getting into the spirit of the day with their costumes. The imagination and effort were outstanding, with many students choosing to create their costumes from recycled materials or homemade designs. Some classes even had every student dressed up, a remarkable display of enthusiasm and community. A big thank you to our families for supporting the day and helping to make it such a memorable celebration of reading and storytelling.

A very special thank you also goes to the wonderful volunteers from our P&C who hosted a beautiful morning tea for grandparents and special guests afterwards. The care and effort that went into preparing and serving the food created such a welcoming atmosphere, and it was clear how much it was appreciated by all who attended. Events like these highlight the strong sense of community at Red Hill, and we are grateful for the time and energy our P&C volunteers give to make these occasions memorable.

Taiwan Visitors

Earlier this term we were delighted to welcome our visitors from Taiwan as part of a delegation of students and teachers who have been visiting ACT public schools over recent weeks. Their time with us provided a wonderful opportunity to experience our education system while also building meaningful cultural connections. Our senior students and staff thoroughly enjoyed engaging with our guests, learning from them, sharing experiences, and celebrating both the similarities and differences in our cultures. Exchanges like this remind us of the importance of international friendships and the rich learning that comes from working together.

South Weston Athletics Carnival

Last Thursday, 44 students proudly represented our school at the South Weston Athletics Carnival. It was wonderful to see our students giving their best, competing with enthusiasm, and showing such great sportsmanship by cheering on their peers throughout the day. Congratulations to all participants, we are very proud of your efforts and achievements. A special thank you to Will Colebatch and Nigel Byng for their organisation and support on the day.

Preschool Update

From 1 September, there will be a number of changes to the Education and Care Services National Regulations to improve child safety. This includes:

- Strengthened policies around the taking and use of images of children.
- All allegations or incidents of physical or sexual abuse must be reported to the Regulator (CECA) within 24 hours – reduced from 7 days.
- The use of vaping devices and substances will be banned in preschool environments.

If you have any questions, please speak with your child's educator or visit the [Education Directorate's website](#).

Kind regards

Kristy Aitchison and Ellie Deacon (Executive Teachers)

2025 School Satisfaction & Climate Survey

Each year, the Directorate surveys all parents and carers, school staff and students in years 4 to 12 about their experience of public education. The *2025 School Satisfaction & Climate Survey* will be available online from **15 August to 5 September**. The [survey results](#) will help us to continue to make quality informed decisions about how to improve our school. No personal identifying information will be provided to any school or college.

For each child in their family who attends an ACT public school, parents and carers will receive:

- A letter about the **student survey** outlining the reasons for collection and privacy provision for the data; and
- An email about the **parent survey**, including a unique link to access the survey. Genuine survey invitation emails will have the title "The 2025 School Satisfaction & Climate Survey is now open!" and will be sent from EDU Surveys with a 'from' address EDUSurveys@act.gov.au.

If you do not receive the survey invitation, please check your Junk email folder first then contact your school. If you do not have an email listed with the school, please contact Kristy Aitchison Kristy.aitchison@ed.act.edu.au to make alternative arrangements to complete the survey.

The Parents and Carers Survey is available online in 13 languages including Arabic, Chinese, Hindi, Korean, Urdu, Vietnamese, Punjabi, Bengali, Spanish, Telugu, French and Italian. Respondents can select their preferred language when they start the survey. A shortened paper-version of the Parents and Carers Survey is also available in the following 5 languages: Dari, Dinka, Farsi, Karen and Mon. These surveys are available at the Front Office.

For the results to reflect the opinions of our whole school community, we need as many parents and carers, staff and students as possible to complete the survey. Your feedback is important, and we hope you will take part. For more information, visit: <https://www.act.gov.au/open/school-satisfaction-and-climate-survey-results>

Kind regards

Kristy Aitchison

Executive Teacher/ Survey Coordinator

Bricks and Smiles SRC Fundraiser



On Thursday of week 9, the SRC are working together with Bricks and Smiles to create a magnificent fundraiser as well as an awesome experience for your child. If you're not familiar with Bricks and Smiles, it is a lovely organisation that helps children feel better with all different kinds of cancer by buying them amazing Lego sets. All you need to do is remind your child about this wonderful cause and have them bring a gold coin donation. Children can also build a Lego creation to be displayed and judged by the owners of Bricks and Smiles. Remember that creativity is key, but having fun is number one.

If your child wishes to participate in sharing their Lego and getting it judged by Bricks and Smiles, you are more than welcome to do so, just drop off your marvellous Lego to the multipurpose room before school. You will then have a chance of winning a prize from Bricks and Smiles if you have the most creative, imaginative and fruitful Lego artwork.

Bricks & Smiles: the Zac Minty Legacy Project has been established in honour of Zac - who sadly passed away in 2022 after an almost 3 year battle with Rhabdomyosarcoma.

LEGO was so important to Zac through his treatment as a pastime, a rehab tool, a challenge, and an escape. He wanted to support other kids going through cancer treatment by giving them the chance to pick out their dream LEGO sets. He also wanted to help find a cure for cancer.

Zac's family have set up Bricks & Smiles as a sub-fund of the Sydney Community Foundation (a registered Charity with tax deductible status). Funds raised go to:

- Providing kids undergoing oncology treatment a \$300 grant to pick out their dream LEGO set(s); and
- Australian-based research (including clinical trials) into a cure for Sarcomas particularly those affecting children.

Resilience Parent Workshop with Dr Justin Coulson



We are excited to welcome **Dr Justin Coulson** to Red Hill on **Wednesday, 3 September**.

During the day, Dr Coulson will work with students in **Years 4–6**, and in the afternoon, he will present a **parent workshop** from **3:15 pm to 4:30 pm**.

To secure your place, please RSVP to

kristy.aitchison@ed.act.edu.au by **Tuesday, 2 September**.

Resilience Parent Workshop

Developing Strength, Calm, and Kindness in our Kids

Is your child struggling with setbacks? Do you worry they're not equipped to handle life's challenges? "How can I help my child be more resilient?" is a question Dr Justin Coulson, renowned parenting expert, often hears from worried mums and dads.

In **Resilience: Developing Strength, Calm & Kindness in Our Kids**, Dr Justin will be sharing his groundbreaking approach to building resilience in children. You'll learn the psychological secrets that build your child's sense of identity, strengths, and growth mindset in order to perform better, be happier, and build resilience. Discover practical strategies to help your child thrive in the face of adversity and reduce your own parenting stress.

Dr Justin will explain the factors that help and hinder resilience, why common advice such as "toughen up, Princess" just doesn't work, and how competition and praise may undermine resilience.

Using powerful stories and illustrations that every parent can relate to, this session will show you how to help your child cope positively with the challenges that life throws at them.

Red Hill P&C 2025 Picture Products Fundraiser

Dear Red Hill Parents and Carers,

We're excited to announce that the Red Hill P&C is running a Picture Products Fundraiser for 2025—and we'd love for you to take part!

Your child's unique artwork will be transformed into high-quality, long-lasting products—perfect as keepsakes or gifts for family and friends. Whether it's a plate, clock, tote bag or water bottle, these creations are a treasured reminder of your child's creativity and school years.

Why Get Involved?

These products are not only useful and beautiful but also deeply sentimental. Imagine your child one day enjoying a meal with their own child using the plate they once drew on in primary school! You can order as many copies as you'd like—ideal for gifts for grandparents and relatives.

Your child can use photos, paint, markers, handprints and more to create their masterpiece.

So....what will your child create?

A FAMILY TRADITION

Love these keepsake plates. Look forward to doing another set next year." - Heidi

"The smiles and looks on the children's faces when they see what they have created is priceless!" - Allison

"I still have my plates from 38 years ago and I love them and now my kids have a good collection already." - Anne

Pictureplate
Tablemat
Calendar
Pencil case
Mousepad
Water bottles
Clocks
Tote bag
Ceramic & plastic mugs

Picture products



Updated: The Sun UV Protection Policy

The SunSmart team has been working with the ACT Education Directorate to update their Sun UV Protection Policy. As of July, the new policy has come into effect across schools in the ACT.

One of the most notable changes includes updating the hat policy to "No hat? Play in the shade" to ensure children are staying safe from the UV whilst also meeting their physical activity requirements.



Uniform Shop and Canteen

Ordering Online

The Red Hill School P&C Association uses Flexischools for uniform shop sales.

<https://www.flexischools.com.au/>

It is a cashless online ordering system which streamlines payment, ordering and processing of purchases and events. Quick and easy, it can be accessed 24/7 on PC, Mac, or mobile app.

School uniform orders for existing students will be delivered to your child's classroom. Otherwise, orders can be collected from the front office.

Ordering in person

Opening hours Wednesday 8.30 to 10:00am and Friday 2.30 to 4.00pm. We prefer payment by credit card, but we can accept cash.

With COVID continuing to present a risk we prefer that orders are made online where possible.

Donations can be placed in the purple bin in the front office foyer.

Lost property collected around the school is placed in the big blue bin outside of the uniform shop. Items in the blue bin will be sorted and then placed in the adjoining blue and white cupboards for students to look through and collect any of their property that they find. When possible, staff will deliver labeled items to classrooms.





Canteens4kids ACT Menu

2025

Sandwiches

Served on wholemeal bread unless white bread is requested.
Wraps and gluten-free bread also available.

Happy Little Vegemite (with margarine) V	\$3.50
Cheese V	\$4.50
Cheese & tomato V	\$5.00
Ham & cheese	\$6.00
Ham, cheese & tomato	\$6.50
Ham, lettuce & mayo	\$6.00
Chicken & cheese	\$6.00
Chicken, lettuce & mayo	\$6.00
Tuna & cheese	\$6.00
Tuna, lettuce & mayo	\$6.00
Rainbow: Lettuce, carrot, tomato, cucumber, beetroot V	\$5.50
Egg, lettuce & mayo V	\$6.00

Toasted Sandwiches (in press)

Served on wholemeal bread unless white bread is requested.

Happy Little Vegemite (with margarine) V	\$3.50
Cheese V	\$4.50
Cheese & tomato V	\$5.00
Ham & cheese	\$6.00
Chicken & cheese	\$6.00
Tuna & cheese	\$6.00
Ham	\$5.00
Ham, cheese & tomato	\$6.50
Gluten-free bread	Extra \$1.50

Fresh Salads

Build your own salad	From \$5.50
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Hot meals

Pasta Bolognese (Gluten-free available)	\$7.50
Pasta Napolitana (Gluten-free available)	\$7.00
Sausage roll	\$6.50
Beef lasagna	\$7.00
Crispy Chicken Sub	\$7.00
Mac & Cheese	\$7.00
Baked Teriyaki Chicken & Rice	\$7.50

Daily specials

Daily specials available online

Snacks

Fruit salad	\$3.00
Popcorn	\$1.00
Cheesy garlic bread	\$3.00
Banana bread	\$2.50
Jelly cup	\$2.50
Homemade mini muffins	\$2.50
Corn on the cob	\$1.50
Chocolate mousse	\$2.50
Milo cookie	\$2.00
Custard	\$2.50
Jelly & custard	\$2.50

Drinks

Water: 600ml	\$2.50
Juice (orange/mango, apple, apple/blackcurrant)	\$3.00
Flavoured milk (choc, strawberry): 300ml	\$4.00
Plain milk: 300ml	\$3.00
Chill J	\$4.00
Sipahh straws	\$0.80

Frozen

Frozen juice cup	\$2.50
Twisted frozen yoghurt	\$3.00
Quech sticks	\$1.00
Pineapple ring	\$1.00

Prices inclusive of GST

Red Hill School Calendar 2025 -Term 3					Mon 21 July – Fri 26 Sept
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 July 21 - 25	21 st July Pupil Free Day		23 rd July ACT Futsal School Tournament (Girls)	24 th July Year 6 Group Photo	25 th July ACT Futsal School Tournament (Boys) Whole School Assembly
Week 2 July 28 – Aug 1			30 th July Preschool Winter Disco 5:30-7pm		WCS Playgroup 10:15-11:30am
Week 3 Aug 4 - 8	4 th August Athletics Carnival	5 th - 7 th August Years 3-6 AMT Competition			8 th August Junior Assembly – Year 3 WCS Playgroup 10:15-11:30am
Week 4 Aug 11 - 15	11 th – 15 th August Year 2-6 ICAS English				
	11 th – 15 th August Taiwan Study Tour				
		12 th August Year 6 Excursion to Siev X Siev X Memorial Year 5 - 1800s Experience Day		14 th August Year 6 Learning Journey - Science Fair	15 th August Senior Assembly -Farewell Taiwan Students WCS Playgroup 10:15-11:30am
Week 5 Aug 18 - 22	18 th – 22 nd August Year 2-6 ICAS Science and Spelling				
		19 th August Year 6 Combined Band	20 th August Year 5 Incursion - National Museum of Australia	21 st August South/Weston Regional Athletics Carnival	22 nd August Limelight Combined Rehearsal Book Week Parade WCS Playgroup 10:15-11:30am
Week 6 Aug 25 - 29	25 th – 29 th August Year 2 ICAS Maths				
	Year 2 Excursion to Questacon				29 th August Senior Assembly – Year 4 WCS Playgroup 10:15-11:30am
Week 7 Sept 1 - 5			3 rd September Year 3 Learning Journey Dr Justin Coulson Parent Workshop 3:15-4:30pm	4 th September Year 4 Learning Journey	WCS Playgroup 10:15-11:30am
Week 8 Sept 8 - 12	Year 2 ACT Water Safety Group 1				
		9 th September Year 1 Excursion to Arboretum Limelight Tech Rehearsal	10 th September Limelight Tech Rehearsal	11 th September Limelight	12 th September Limelight Junior Assembly – Year 2 WCS Playgroup 10:15-11:30am
Week 9 Sept 15 - 19	Year 2 ACT Water Safety Group 2				
		16 th September ACT Athletics Carnival	17 th September Year 5 Learning Journey	18 th September SRC- Bricks and Smiles Fundraiser	19 th September Athletics Carnival Ribbon Assembly WCS Playgroup 10:15-11:30am Trivia and Games Night – Circus Theme 6-10pm
Week 10 Sept 22 - 26	Year 2 ACT Water Safety Group 3				
			24 th September Kindergarten Learning Journey Year 6 Band Floriade		26 th September Whole School Assembly

Community News



SYDNEY
ACADEMY OF CHESS

Level 1 30A George St, Burwood 2134
Office: (02) 9745 1170

CHESS!!

Learn to be a chess champion! Coaching for students at Red Hill Primary School (ACT) is held on Mondays from 3:20pm to 4:20pm, starting on 28 July 2025.

Learning and playing chess helps children develop their logical thinking and problem solving skills, improves their concentration and focus, while also being a great source of enjoyment. Activities include group lessons on a demonstration chess board or interactive whiteboard, puzzle solving and fun practice games.

Students earn merit awards by making checkmates, or by displaying skills and positive qualities, which all good chess players strive to develop.

Each student in the Chess program will also receive access to Chess Squad <https://www.chesssquad.com/> which is an online teaching/playing platform.

If your child is interested in taking part in the class, please email office.sydneyacademy@gmail.com for an enrolment form. For all enquiries, please contact Sydney Academy of Chess on (02) 9745 1170.



EASTLAKE
JUNIOR CRICKET

2025/26 Season
Registrations Now Open!

We hope you're enjoying your winter sports and staying warm! With spring fast approaching, it's time to gear up for another fantastic season of Eastlake Junior Cricket. Last season was a terrific one – a huge thank you to our incredible players and supportive parents. We'd love to see you back in Eastlake colours, and we welcome new families to join our growing cricket community!

Early Bird Discount – Ends Saturday, 23 August 2025

Register here: playhq.com/cricket-australia/register/0cfc0d

Early Bird Code: 74F3FA15 → \$30 off at checkout

Sibling Discounts: 2nd child: 6D4E18AF. 3rd child: 6FAD9663 (Enter each code separately at checkout)

We accept players throughout the season, but early registration is highly recommended.

Cricket Blast Program (Ages 5–9)

In partnership with Cricket ACT, our inclusive Cricket Blast program is back – led by our enthusiastic Blaster Mentors, older juniors with years of experience and ACT Pathways credentials.

Blaster Categories:

Rookie: Fun, fundamentals-based intro

Progression: Skill-building & modified matches

Program Details: 📍 **Location:** Deakin Playing Fields 🕒 **Time:** Fridays, 5:30–6:30pm 📅

Start: Friday 10 October 2025 (12 weeks)

📝 **Register:** playhq.com/cricket-australia/register/11754a

Junior Player Pathways – 2025/26

We're fielding teams across all stages: **Stage 1** (U11 – Graded & Ungraded), **Stage 2** (U13 – Graded & Ungraded), **Stage 3** (Div 1–3), **Colts** (16–18 yrs)

Girls' Cricket: **Stage 1 Girls** and **Stage 2 Girls**

Pre-Season Trials

Help us place players where they'll thrive – trials are a great way to shake off winter rust and prep for the season.

Trial Dates: 📅 Sunday 24 August – Indoor Facility, CACT Phillip 📅 Sunday 31 August – Indoor Facility, CACT Phillip 📅 Late September TBA – Deakin Nets 📍 Please register before attending trials

Key Season Dates

Cricket Academy Tour – Eastlake JCC VS Bruce Adams Academy – Delhi, India Sunday 28 September (U13 & U16), **UC Cup** Wednesday 1 – Friday 3 October

Blasters Program Begins Friday, 10 October

Junior Season Commences Friday, 17 October

📧 **Contact Us:** junior-president@eastlakecc.com.au



TRADITIONAL TAEKWONDO:
124 BLACK BELTS SINCE 2018

SCHOOL PROGRAMS:
8 x SCHOOL CAPTAINS • 7 x VICE CAPTAINS • 5 x DUXES

WHO:
Kindergarten & Primary Schools

WHEN:
Monday & Friday 3:15pm - 4:40pm

WHERE:
Red Hill Primary School
Junior Hall

Call us on **0411 759 902**
✉ rilang@bigpond.net.au
📷 [integritytkd.cbr](https://www.instagram.com/integritytkd.cbr)

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ACT Instrumental Music Program

Extension Ensembles for 2026

The ACT Instrumental Music Program would like to invite students who will be in Years 4-7 in ACT government schools in 2026 to audition for ACT IMP extension ensembles.

The ACT IMP ensembles are an excellent opportunity for hard-working, skilled and committed young musicians to work together in an enriching environment. The groups are active performance ensembles, and the families of students auditioning need to be prepared to make a strong commitment to rehearsal and performance attendance for the full year.

Audition registration is now open for the following ensembles:

- **Primary Concert Band** – Students in Year 6 in ACT government schools in 2026
- **Young Voices (Choir)** – Vocalists (singers) in Years 4-6 in ACT government schools in 2026

Students are welcome to audition for one or more ensembles. Membership in each ensemble is considered separately.

Please note that students accepting a place in Young Voices for 2026 will also need to be members of their school choir, if the opportunity exists.

Audition registration closes Monday 3 November 2025. This is a strict deadline.

Information cards will be available from the Music/Arts teacher at your child's school. Further details are also available on the IMP website.

Three ways to access the online audition registration form:

- <http://www.imp.act.edu.au>
- QR code
- <https://forms.gle/mCLscvJ5zpiQw6wC9>



If you have questions about the audition process, please contact imp.admin@ed.act.edu.au

Audition requirements, set pieces and instructions will be available on the IMP website by the end of Term 3. Online auditions will be held in Week 6, Term 4 (17-21 November).

We look forward to receiving your audition registration!

POP CAMP
POWER OF PERFORMANCE

School HOLIDAY PROGRAM

BUILDING CONFIDENT KIDS!

DRAMA DANCE MUSIC

AGES 5YRS-12YRS

MAKE FRIENDS, HAVE FUN & PERFORM IN A SHOW!

Enroll Now!

www.popcamp.com.au

Young Engineers Engineering & Robotics Spring Holiday Camp

Build Your Tomorrow. Today!

Enrol Now

Early Bird OFFER
\$10 Discount for bookings before 15th Sep 25

Engineering+Robotics
8th and 9th October 25

Engineering+Mechatronics
Year 5 to Year 8
9th October 25

Radford College
9.30am to 3.00pm

Use the below link to find out more & book
<https://aus.iclasspro.com/portal/yecbr/booking>

Contact us;
0490808138
canberra@young-engineers.com.au
www.young-engineers.com.au

Marymead CatholicCare

CANBERRA & GOULBURN

Family Skills

The Family Skills program supports parents and carers in strengthening family relationships and developing a better understanding on how to effectively support children and young people.

Individual Counselling
Includes 6 to 12 one-on-one sessions with a focus on increasing parental capacity and connection between parents or carers and their children.

Group Programs
Group has a maximum size of 12 participants. The following topics are held throughout the year:

- Seasons for Growth**
A four-week mixed gender group to effectively navigate experiences of change, loss and grief.
- Working with Strong Emotions for Women / Men**
A six-week gender specific group to understand and effectively manage strong emotions.
- Resilient Mums / Dads**
A four-week gender specific group to strengthen self-care and overall wellbeing.
- Navigating Parenting**
A four-week mixed gender group to explore parents' roles in supporting children's needs and strengthening family relationships.

Co-contribution fees apply; concession and fee waivers available – no explanation required.
To register or make a referral, please contact Intake on 6162 6100 or email intake@mccg.org.au.

For more information on Family Skills, visit our website or scan the QR Code.
Available in the ACT only.

Available in the ACT only.

6162 6100 mccg.org.au

SPECTRES SOFTBALL CLUB

Registrations OPEN




Registrations are open for the 2025-26 Season.
Catering for players of all levels and abilities

- 8u Tee-ball (4 - 7yrs)
- 10u Tee-ball (8 - 10yrs)
- 12u Softball (10-12yrs)
- Highschool Softball (13-17yrs)
- Senior Men's & Women's 13 yrs + both social and competitive

Looking for a fun, competitive, and active sport? Whether you're brand new to the game, returning for another season, or just keen to try something different – Spectres Softball welcomes players of all ages and abilities!

Join a team that's all about community, friendship, and enjoying the game together. No experience? No problem! Everyone is welcome – from beginners through to seasoned players.

Ready to get started? Register today and be part of the action!
For more information, email us at spectressoftball@gmail.com



WESTON INDOOR SPORTS
CANBERRA'S HOME OF INDOOR SPORTS

2025-26 SUMMER JUNIOR & YOUTH INDOOR SOCCER

18 October 2025 to late March 2026
Break over school holidays and long weekends

For players of all skill levels
Boys, girls and mixed teams
Girls divisions for 8 years and older
5-a-side games for teams of 7 or more players
Register as an individual or as a part of a team (we'll find a team for you and your friends)

Not affected by weather... we're indoor

FOR PLAYERS AGED 5 TO 19 YEARS

AGE GROUPS & APPROXIMATE KICK-OFF

Age	Division	Game Time Range
5-8	Rooball	Sat 1:00pm - 5:30pm
9-14	Juniors	Sat 8:00am - 11:30am
8-16	Girls	Sat 11:30am - 2.00pm
14-19	Youth	Sun 5:15pm - 6:00pm

Easy on parents - we set up and pack up

Come and join the fun at Canberra's family friendly sports venue


With over 20 years of experience in running sports for children, we understand what makes a safe and enjoyable environment for kids to learn and play.

Weston Indoor Sports is the only venue to have over 150 junior/youth teams, providing variety for teams and a vibrant and supportive community for players of all ages and skill levels.

Teams are placed in pools based on suitability (age, size, skill and intensity of play). Game start times can vary depending on the number of teams within each pool. If you have a time you can't play, let us know and we will do our best to work around it.

REGISTER AT: westonis.com.au/kids-youth-soccer
For more Information – Contact Weston Indoor Sports
Phone: 6288 0444 Email: soccer@westonis.com.au Website: westonis.com.au

NERF Home of WARS parties



Give kids a brighter future with Barnardos

- Extensive training
- 24/7 on-call support
- Dedicated carer support program
- Respite care
- Carer Connection events and monthly newsletter
- Carer consultation forums Expertise in
- EPR+ and Adoptions applications
- Specialised restoration services

Barnardos Australia is here because every child needs a champion.

Barnardos has been a trusted supporter of the Canberra community for over 60 years. Our mission to support children and young people in Canberra is only possible with the dedication of our foster and kinship carers.


Every day, we work hard to provide the resources and support that our foster and kinship carers need to thrive. We understand that when carers are well-supported, children and families can truly flourish.

What Barnardos carers say

"I feel like I am part of a strong network of people who support all of us. Communication is honest and respectful and always has the girls best interest at heart."
Barnardos foster carer

"We are just so grateful to Barnardos for the support we receive. Thank you for always being there when I have needed you."
Barnardos kinship carer

Barnardos Canberra Out-of-Home Care
Call (02) 6110 2200 or email carerenquiry@barnardos.org.au to find out more




PLAYFUL PAUSE



Discounted rate for booking BOTH workshops!

Yoga, Mindfulness and Creativity Workshops for Kids

Spring School Holidays
Tuesday 30th September AND Tuesday 7th October
9am-12pm
Wild Studio in Phillip

Our playful classes and workshops are packed with movement, breathing, craft and mindful magic—perfect for kids to connect, create, relax and shine.

Ready to join the fun?

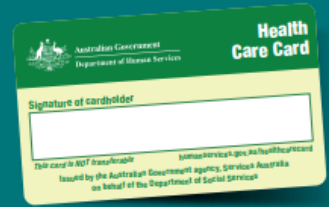
Bookings via our website at www.playfulpause.com.au
Or contact Playful Pause for further enquiries at hello@playfulpause.com.au

Scan the Code to register!



Shoot your Shot

Term 4 Registrations NOW OPEN



Do you have a health care card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops



1300 610 355 saverplus.org.au



PlayConnect+

OCTOBER SCHOOL HOLIDAY PROGRAM

PlayConnect Plus Playgroups are facilitated playgroups and Parent Peer Support Groups for families with a child, aged between 0-8 years, with a disability or chronic medical condition.

PlayConnect Plus Playgroups gives parents and families the chance to socialise and share ideas with others who understand the rewards and intensity of the caring role. Parents and families meet with people in similar circumstances who can understand their children's achievements and help with the challenges, to have fun, and find out what community support is available.

Children will have the opportunities for both free and structured play activities including music, gross and fine motor activities, sensory play and stories.



October 7th, 8th, 9th & 10th Tuesday - Friday 10am - 12pm

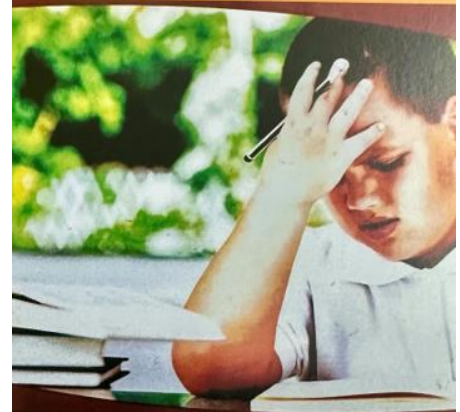
Your child does not need a diagnosis to attend and siblings are welcome

Castle Playroom ACT Playgroups, 41 Templeton Street, Cook

1800 171 882 or play@playgroupact.org.au



DOES YOUR CHILD STRUGGLE WITH READING AND SPELLING?



The Canberra Reading Clinic can help

We offer comprehensive reading assessments, literacy support and expert tuition with qualified teachers.

For more information please call the Clinic on 048 394 9124 or visit www.crclinic.com.au