RED HILL SCHOOL NEWSLETTER

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Clancy Watson, Abdullah Farooq and Aneesh Tatte from 3E conducting a science experiment with Melissa Bissett from the Academy of Future Skills.

13th October 2022

ACT Government Education

Red Hill SCHOOL

Open hearts · Inquiring minds

Astrolabe Street, Red Hill Ph: 6142 0960 PO Box 22, Red Hill, ACT 2603

Website: www.redhillps.act.edu.au Email: info@redhillps.act.edu.au

Leadership Team Overview

Dear Parents and Carers,

I hope that you enjoyed time with your families over the school holidays. We have many new families this term who I warmly welcome to Red Hill School.

Our usual newsletter will come home next week. However, we have several events coming up in the next few weeks that you may wish to put in your calendars now. More details related to the first two are contained later in this newsletter.

- Mexican Food Day **Friday 21st October (week 2)**
- Pupil free day Friday **28th October 13 (week 3)**
- Music Evening (Wassa Wassa and African Dance) **Tuesday 1st November 6.30pm to 7.30pm (week 4)**
- Music Evening (Band and Choir) **Thursday 3rd November 6.30pm to 7.30pm (week 4)**

We are excited to be able to showcase the work of our staff and students in the music ensembles this year. We have separated the previous traditional musical evening into two events that will both run in week four. This decision was made based on community feedback last year and in consideration of ongoing Covid recommendations. Students from each of the ensembles will perform on one of the two nights. Tickets for each evening will be on sale from the start of next week and registration will be through Eventbrite, with first priority being given to the families of the students who are performing. HOWEVER, everyone is welcome, and we really hope that other families will come along too. The money raised on the evenings will go towards our sponsorship of Mohamed Sylla, a child who we support to attend school in Guinea. Moreover, every entry ticket will go into a lucky door draw for exciting prizes!

During October we will also recognise two significant periods: Mental Health month and Children's Week (22-30 October). Mental Health month occurs every year and raises community awareness and understanding of mental health. We began this term with World Mental Health Day on Monday October 10th. To help promote positive mental health and well-being the Education Directorate has made available a series of mindfulness podcast guides. These podcast guides use the five senses as a framework and encourage participants to focus on being present and paying attention to our surroundings. We hope they are of use to families. We will be using them ourselves as part of our positive education approach to learning.

Kind regards, Louise Owens (Principal)

Updates to the management of COVID-19 in ACT public schools

A MESSAGE FROM THE ACT EDUCATION DIRECTORATE

Term 4 planning days (pupil free)

Two staff planning days (pupil free) will again be in place in Term 4. The dates are **Friday 28 October 2022** and **Monday 28 November 2022**.

These planning days provide an important opportunity for staff to undertake training, plan for the remainder of the term and the year ahead and finalise end of year student reporting which can't be done during class time.

While students may wish to use these days to catch up on homework and / or assignments, no additional work will be allocated to them on these days. Families may like to use these as wellbeing days for their children.

Students who can't stay at home will be able to attend school and be supervised while undertaking general learning activities.

Changes to exposure advice in ACT public schools

Since the beginning of Term 1, ACT public schools have been providing families with email advice when a positive COVID-19 case within a cohort/class group has attended school during their infectious period.

From the beginning of Term 4, families will no longer receive an email every time a positive case is reported. Instead, families will be notified when there is an outbreak of COVID-19. This change aligns with the recent change in public reporting by ACT Health.

Schools will continue to have COVID Smart measures in place to support the health and wellbeing of everyone at school.

Do I still need to tell my school if my child has been at school while potentially infectious?

Yes. Anyone who has attended school while positive with COVID-19 must still notify their school. Schools provide this data to the Education Directorate and ACT Health each week and it remains an important tool to help identify any potential outbreaks or areas of concern in our schools.

How will I know if there is an outbreak in my school?

You will be notified by text message when there is a higher number of cases in a particular cohort/class group or if a confirmed case is deemed as high risk. This will enable appropriate measures to be put in place to manage these exposures.

Your school will let you know if they need to make any temporary changes to learning.

A reminder to stay COVID smart at school

To help reduce the impacts on learning as a result of illness, please remember to:

- Stay up to date with **COVID-19 and influenza vaccinations.**
- Do not attend school if unwell or if you have tested positive to COVID-19.
- Practise good hand and respiratory hygiene.
- Wear a mask when appropriate.

If your child or young person is a household contact, they may still attend school as long as they do not have any symptoms and have tested negative for COVID-19. Please follow ACT Health advice and let your school know by contacting their front office.

Mandarin Classes

China holds a myriad of opportunities both culturally and economically for Australia as a country and all of us as individuals. This said, negotiating the nuanced and complex Sino-Australian relationship is not easy. Learning the Chinese language and the right aspects of Chinese culture can make all the difference in achieving better outcomes for all of us.

Commencing Friday 21 October 2022, running every school week Friday until the end of the school year, a parents and teachers' Mandarin class will be held in the Community Hub from 8.30am to 9 am.

Mandarin is one of the easiest languages to learn to speak. Dedicated students have reached basic fluency in as little as 10 weeks.

When: Friday mornings 8.30am to 9am

Where: Red Hill Primary Community Hub

Contact: chad.birks@ed.act.edu.au or 0405050420

Uniform Shop

Due to COVID restrictions, all uniform shop orders are to continue via flexischools.
https://www.flexischools.com.au/

COVID restrictions permitting...new families can book time with the Uniform Shop Manager if needed; please email for a booking time: rhps.uniformshop@gmail.com

Secondhand requests can be emailed through to the shop manager.

Donations are to be placed in the purple bin in the front office foyer.

Lost property will continue to be monitored and items that are labelled sent to the front office for return to the student. Anything not labelled will be sent to charity.

Uniform Shop Extended 2022/2023 Hours

December 2022

Week 9 & 10 December 7th to 9th

Wednesday 7th December	8.30am to 9.30am
Friday 9th December	2pm to 4.00pm
Wednesday 14th December	8.30am to 9.30am
Friday 16th December	2pm to 3.30pm

Flexischool ***order cut off for 2022 will be 7th December 2022****.*
All orders placed during week 9 will be delivered by Wednesday 14th December.

Last Day for opening in 2022 is
FRIDAY 16th December

JANUARY 2023

Set up in the Art Room next door to Uniform Shop

Tuesday	24th January 2023	8.30am to 12pm
Wednesday	25th January 2023	12.30pm to 3.00pm
Thursday	27th January 2023	8.30am to 12pm

Flexischool orders will reopen on 18th January 2023*. All orders placed between the 22nd and 31st January can be collected during above opening times.*

Term 1 Week 1 2023

Monday	30th January 2023	8.30am to 10.30am
Tuesday	31st January 2023	8.30am to 10.30am
Wednesday	1st February 2023	8.30am to 10.30am
Friday	3rd February 2023	2pm to 4pm
Wednesday	8th February 2023	8.30am to 9.30am
Friday	10th February 2023	2pm to 4pm

Regular Shop hours for 2023 to be confirmed

Canteen

The school canteen is open Tuesday - Friday for lunch. Orders need to be placed on Flexischools by 8am each day and will be delivered to classrooms at lunchtime:

- Kindergarten – year 3: 11.10am
- Years 4 - 6: 1pm

The link to Flexischools can be found on the school website.

The canteen would love to thank the amazing year 3 & 6 children who deliver lunch crates to their fellow students for us Tuesday to Friday. A great big thank you to the year 6 children who help serve counter sales at lunch time.

We also would love to welcome any parent/grandparent/carer who would like to volunteer in the Canteen, even for an hour or so to assist with counter sales.

DON'T FORGET OUR NEXT INTERNATIONAL FOOD DAY EARLY NEXT TERM. MEXICAN IS ON THE MENU!

Red Hill Special Lunch Day!!

Friday 21st October 2022 Red Hill Canteen is having a Mexican themed lunch special.

$9.50

Please Note: The regular lunch menu will not be available on this day.

Your order will include:

- Mexican Beef Burrito -**Seasoned beef mince, rice, shredded cheese, & salsa**
- Lightly Salted Corn Chips with Guacamole
- Mexican Mango Mousse- **Gluten Free**

Or

- Mexican Veggie Burrito -**Seasoned Beans & Veggies, rice, shredded cheese & salsa**
- Lightly Salted Corn Chips with Guacamole
- Mexican Mango Mousse- **Gluten Free**

Gluten free wraps available on request

Please order ONLINE by 10:00am on Monday 17th October at www.flexischools.com.au

Healthy Kids Canteen Menu
Red Hill Primary School

Term 3
2022

Order online at www.flexischools.com.au

Sandwiches & wraps toasted or untoasted

All served on wholemeal bread unless otherwise requested.

Vegemite (with margarine) **V**	$3.00
Cheese **V**	$3.50
Cheese & tomato **V**	$4.00
Ham	$4.00
Ham & cheese	$4.50
Ham, cheese & tomato	$5.00
Ham & salad	$5.50
Ham, lettuce & mayo	$4.50
Chicken & cheese	$5.00
Chicken & salad	$4.80
Chicken, lettuce & mayo	$4.50
Tuna & cheese	$4.50
Tuna, lettuce & mayo	$4.50
Rainbow: Lettuce, carrot, tomato, cucumber, beetroot **V**	$4.50
Salad & cheese **V**	$4.20
Egg & cheese **V**	$4.50
Egg, lettuce & mayo **V**	$4.50

Change up your sandwich:

Add ham, chicken, tuna, egg or cheese	$1.00
Add Lettuce, carrot, cucumber, tomato, beetroot	$0.60
Change to: wrap	Extra $0.50
Change to: gluten-free bread **GF**	$1.00

Fresh salads

Build your own salad	From $5.00
Seasonal fruit salad **V GF**	$4.00

Hot meals

Pasta Bolognaise: beef **H**	$5.80
Pasta Napolitana **H V**	$5.00
Lasagne: beef **H**	$5.80
Lasagne: veggie	$5.80
Butter chicken & rice	$5.80
Stone-baked pizza (cheese or ham & pineapple)	$5.80
Four'N Twenty Lite sausage roll	$5.00
Four'N Twenty traveller pie	$5.80
Add cheese to pasta	*extra $ .30*

Snacks

Piece of seasonal fruit **V GF**	$1.50
Poppin' corn **V GF**	$1.00
Jelly (made with 100% juice)	$2.00
Fluffy chocolate mousse **V GF**	$2.50
Banana bread **V**	$2.00
Cheesy garlic bread **V**	$2.50
Veggie sticks	$2.00
Custard cup	$2.00
Jelly / custard	$2.00
Milo cookie	$1.00

Frozen

Quelch juicy sticks **V GF**	$1.00
Twisted frozen yoghurt (chocolate/vanilla, Strawberry/vanilla, watermelon/mango) **V GF**	$3.00
Juice cups	$2.00

Drinks

Plain milk: 300ml	$2.50
Sipahh straw	$0.50

V = Vegetarian

GF = Gluten Free **H** = Certified Halal

H denotes products which have been Halal Certified. All chicken used in sandwiches and hot meals is also Halal Certified.

Red Hill School Calendar 2022 – Term 4					Mon 10 Oct – Fri 16 Dec
	Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Week 1 Oct 10 - 14				13 Oct Chess Championship	Oct 16 Rozalia's Restaurant Official Opening. Sunday 5-7 pm
Week 2 Oct 17 - 21	17 Oct BASE testing begins for Kinder	18 Oct YR 1 Zoo Excursion 9.30-2.30pm			21 Oct Preschool Disco SRC Student Congress (Online) 11:30-12:30pm
Week 3 Oct 24 - 28			ACT Finals Basketball Year 3 Mungga -Iri Jingee Academy of Future Skills 9:30-2:35pm		28 Oct BASE Testing finishes Pupil Free Day
Week 4 Oct 31 – Nov 4	31 Oct Narrabundah ECS Transition Afternoon Tea 3.30- 4.15pm	1 Nov African Drumming and Dance Musical Evening 6.30- 7.30pm		3 Nov Band/Choir Musical Evening 6.30-7.30pm	
Week 5 Nov 7 - 11	7 Nov Preschool Wiradjuri Echo's 1pm -2pm				11 Nov Preschool Wiradjuri Echo's
Week 6 Nov 14 - 18		15 Nov 2023 Preschool/Kindy Orientations		17 Nov 2023 Preschool/Kindy Orientations	
Week 7 Nov 21 - 25		22 Nov 2023 Preschool/Kindy Orientations		24 Nov 2023 Preschool/Kindy Orientations	
Week 8 Nov 28 – Dec 2	28 Nov Pupil Free Day			1 Dec YR 6 Exhibition	
Week 9 Dec 5 - 9	5 Dec Telopea Transition Visit Year 6 9.30-1.30		7 Dec Year 6 Fun Day Christian Edu 9.10-3.00	8 Dec End of Year School Disco 6-9pm	9 Dec Year 6 Final Assembly 9.30 -11.00
Week 10 Dec 12 - 16		13 Dec Pool Fun Day 9.00-3.00		15 Dec Year 6 Graduation 11.00- 1.00	

Community News

The MANGO FUNDRAISER

Fresh North Queensland Mangoes

Direct from the farm to you!

Support Our Mango Fundraiser

If you *love mangoes*, here's your chance to indulge in fresh juicy Kensington Pride mangoes and support our fundraising drive.

We are selling trays of mangoes picked and packed during the premium harvest.

Cost per Tray is: $26

Place your order by:

Direct deposit by Wednesday 19 October
Account name: Red Hill Preschool Subcommittee
BSB: 062-902
Account: 1026 8134

Please email rhpreschool.subpandc@gmail.com to confirm your order. Please include your receipt reference number and your child's name as the reference

relax Kids

Term 4 2022 Chill Skills Program

8 Week Course for 8-12 year olds

Wednesdays 4-5pm at the
Erindale Neighbourhood Centre
(Commencing week 2 of term 4 2022)

Would you like your child to have better sleep, concentration, attention span, confidence, listening skills and self esteem?

Do you wish to help your child to be more mindful and happy, reduce their stress and anxiety levels and manage their moods and emotions?

The classes include:
DYNAMIC warm-up and exercises, EXCITING games
RELAXING stretches, CALMING breathing exercises
SOOTHING peer massage, POSITIVE affirmations
CREATIVE visualisations, mindfulness and meditations

The cost of the 8 week course is $160
and it is facilitated by Simone Roxburgh
Simone is passionate about supporting children and adult's wellbeing through the Relax Kids program (that she has facilitated since 2014) and the Mindfulness course for adults that she also provides.

Bookings are essential:
email simoneroxburgh80@gmail.com
or phone 0410 455 177
(Please book in early as spaces are limited)

Transport for NSW

School Travel

Term 4 2022

2023 school travel applications are now open

Applications for student travel in 2023 open from **Monday 10 October 2022**.

Students who need a School Opal card or travel pass for 2023 can apply now. A new application will need to be submitted if they are applying for the first time, or if they are requesting an additional travel entitlement as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who change address, school, campus location, have repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should renew or update their details before **the end of term 4**. This will ensure that schools can endorse applications, and entitlements remain valid for the start of the 2023 school year. School Opal card holders will have the changes applied to their existing card.

If a student's distance eligibility has changed based on their grade (i.e. grade two to grade three), the system will automatically update their entitlement if they meet the new criteria. If they do not meet the new eligibility criteria, we will send an expiry notification via email.

Students who have an entitlement approved under a medical condition that is due to expire will receive a notification advising them to re-apply.

Term Bus Pass holders will receive a notification to re-apply.

Students in the Opal network applying for an Opal card (including a Term Bus Pass) for the first time will receive their Student Opal card at their nominated postal address. Cards will be mailed out from January 2023.

Students living in rural and regional (R&R) areas should receive their travel pass at the start of the new school year from their nominated transport operator. It may come via the school or be sent directly to them at home. **Note**: some R&R operators do not issue travel passes. Students/parents should confirm with their nominated operator if they do not receive a pass.

Travel from Term 1 2023

We ask that parents plan ahead and make sure their child knows which service/s to use and has a valid ticket to travel; either a School Opal card or Child/Youth Opal card (within Greater Sydney) or a School Travel Pass (outside Greater Sydney), from the start of the school year.

Applications for 2023 School Student Transport Scheme (SSTS) travel open at the start of Term 4 2022, so parents/students can apply or update details early and be ready for the start of the new school year.

Most students using the Opal network will not need a new Opal card and can continue travelling on their existing card each year.

The start of the year is a busy period for local transport operators, and students travelling without a valid ticket make service planning and operations difficult.

We recognise that for some families last minute changes to school enrolments mean they may not have a School Opal card or Travel Pass for the start of term. In the Opal network, we strongly encourage these families to have their children travel with a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their local bus operator to discuss their travel needs.

Bus operators are flexible and understanding, particularly at the start of the school year, and will ensure students can travel safely to and from school. But to best support our operators we encourage all students to have a valid ticket, as early as possible, from the start of the school year.

Students using School Opal cards are also reminded that they must tap on and tap off in line with the Student code of conduct and Opal terms of use.

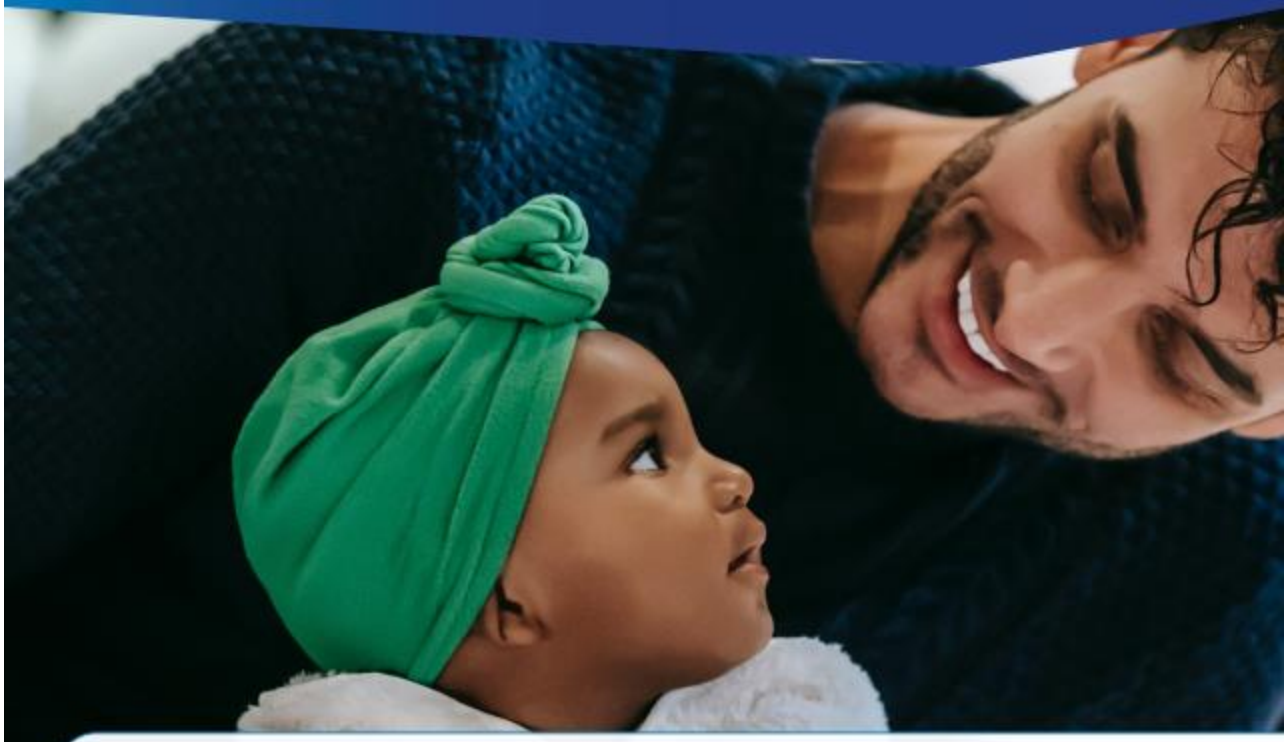
Further information can be found at transportnsw.info/travel-info/using-public-transport/school-travel

Enquiries can be submitted at transportnsw.info/contact-us/feedback/passes-concessions-feedback

LOOK WHO'S TALKING

Charles Weston Primary Community Room

9:30am-10:30am, Wednesdays



Help build your child's language and communication with easy activities you can do at home. These workshops are for parents of children aged from before birth to 3 years.

Scan the QR to register for one, some, or all the eight workshops including:

- The importance of rhymes
- Serve and return play
- Building vocabulary
- Positive language
- Helping your child manage 'big feelings'
- Find Your Child's Play Pattern
- The magic of waiting
- Reading with babies and toddlers

SCAN ME

YWCA CANBERRA

Woden Community Service

Sessions have been developed by a speech pathologist and early years teacher/play therapist and are targeted for adults/carers. Children are welcome to attend with you as some toys and mats are available.

This event is being run in partnership with YWCA Canberra and Woden Community Services.

Thank you to the Tasmanian Government's Department of Education for permission to use this program

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SYDNEY
ACADEMY OF CHESS

Level 1 30A George St, Burwood 2134
Office: (02) 9745 1170

CHESS!!

Learn to be a chess champion! Coaching for students at Red Hill Primary School (ACT) is held on Thursdays from 3:20pm to 4:20pm, starting on 13 October 2022.

Learning and playing chess helps children develop their logical thinking and problem solving skills, improves their concentration and focus, while also being a great source of enjoyment. Activities include group lessons on a demonstration chess board or interactive whiteboard, puzzle solving and fun practice games.

Students earn merit awards by making checkmates, or by displaying skills and positive qualities, which all good chess players strive to develop.

If your child is interested in taking part, you can collect an enrolment form from the school office, or email enrol@sydneyacademyofchess.com.au for a copy. For all enquiries, please contact Sydney Academy of Chess on (02) 9745 1170.

HOBAN - ACT School Crossings Program

HOBAN is hiring new School Crossing Supervisors for Canberra ACT!

This is a great opportunity to be an important part of your local community, meet new people and keep them safe! If you enjoy the outdoors and want short working hours, then this is the perfect job for you! We have multiple positions available in your local area.

We are currently looking for casual School Crossing Supervisors in a number of locations across Canberra for Term 4.

As a School Crossing Supervisor your key res will be to help children, parents, and community members safely across the road, teach them how to use a crossing safely and provide a courteous service to pedestrians.

Duties and responsibilities will include by not limited to:

- *Assisting children, families, and pedestrians to safely cross at children's crossings and traffic lights*
- *Report all incidents, accidents, near misses and potential risks*
- *Maintain a high level of awareness and professionalism.*

The role of School Crossing Supervisor is held in very high esteem in our communities. In taking on this role, you'll become vital to the safety of our children, parents, teachers, and local motorists. You'll also grow to be a much-loved familiar face around the school with a unique opportunity to touch the lives of countless families

Successful candidates will have:

- *Strong communication skills*
- *Experience in customer service or working directly with children*
- *Currently hold, or be willing to obtain, a **Working with Vulnerable People Check***
- *Driver's Licence and have access to a reliable vehicle (ideal, but not a necessary)*
- *Availability Monday to Friday, from 7.30am to 9.00am and 3.00pm to 4.00pm.*
- *Be willing to commute around Canberra as needed*

Benefits to you:

- *You'll be a part of an important community program*
- *Start in Term 4 – 10th October 2022*
- *Full training and uniform will be provided*
- *Max Hire Contract available, Flexible hours!*
- *$22.77p/hr*
- *Multiple locations around Canberra ACT*

If it sounds like you, please reach out to Daisy from HOBAN Recruitment - schoolcrossingact@hoban.com.au