## **RED HILL SCHOOL NEWSLETTER**

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Red Hill School is a Nut Free









Year 1 Zoo Excursion



Ally Wren and Zechariah Arifin Preschool Science Play Day

23rd September 2022







Open hearts . Inquiring minds

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## Leadership Team Overview



#### Dear Parents and Carers,

We have had an incredibly busy term, the busiest I think since 2019. So many old practices have been able to return: learning journeys; combined band practices; assemblies; year 5 and year 6 camps; athletics carnivals; South Canberra and ACT sports carnivals; senior basketball, netball and chess competitions; ICAS competitions(English and Maths); kindergarten health checks; Exhibition, puberty and cyber-safety workshops for students and parents; the Book Week Parade and Walkathon; 'Jump Rope for Heart'; P&C social events; the Book Fair; NAIDOC Week Recognition, parent/teacher interviews; and excursions galore. All of these events took place this term and we still have one to go on Friday- the pajama gold coin day for Rozalia's Cafè!

The highlights for me this term were the learning journeys and the Grandparents Morning Tea at the Book Week Walkathon. There was so much joy and laughter on that Book Week Friday - watching the smiles of children as they connected with aunts, uncles, grandparents, siblings and parents really added to the success of the event. Thank you, P&C, for establishing what I hope becomes a new tradition.

As far as the learning journeys go, the value of having parents back in classrooms talking with students about the rich learning that goes on in the units of inquiry is something that cannot be replicated in written reports. Children's metacognition, assessment capability and confidence as learners develops from the conversations about their learning that they are actively involved in with others. Thank you for making the time to attend.

The school camps went off without a hitch. At Tathra, students enjoyed flying fox rides, canoeing, raft building, archery, coastal walks, surf safety talks and beach activities (which on the Tuesday included seeing whale spouts and dolphins playing). As a member of staff at year six camp I can vouch for the exemplary behaviour of the students. They were noisy, sometimes very tired (a), but always courteous, supportive of each other, and open to new experiences. I have yet to hear about the year five experiences at Cooba as the participants only returned yesterday afternoon. I do know the students were similarly well behaved, although a little bird mentioned to me that they weren't such good sleepers on the second night as year six! Being an adult on camp is incredibly rewarding

but not without drawbacks -everyone is on call continuously, night and day. So I have to say the biggest thank you to the staff and volunteer parents who attended both camps.









#### PARKING AND TRAFFIC MANAGEMENT - CARNEGIE CRESCENT

Over recent months the school, P&C and wider community have been invited to provide feedback on the proposed installation of an additional children's crossing on Carnegie Crescent. The Carnegie Crescent crossing has been planned for some time now, because of "Ride or Walk to School" survey responses which indicated this is a frequently used student access point to the

school and also because of community feedback regarding the lack of safety at the intersection of Carnegie Crescent and La Perouse Street.

Transport Canberra have contacted us to thank everyone who attended consultation workshops or emailed them during the engagement phase. Your feedback has been considered in the 'detail design phase' which is currently nearing completion. Construction procurement is also underway. A What We Heard report has been produced, summarising the key themes raised during the engagement period, and Transport Canberra has also updated the frequently asked questions on their project page in response to the questions and comments received. They have also advised that the project will deliver the following:

- rubber speed cushions on three approaches to the intersection (excluding the eastern approach along Carnegie Crescent).
- a raised pedestrian (wombat) crossing on the eastern Carnegie Crescent approach including floodlighting
- localised speed limit reduction to 50 km/h on La Perouse Street between Brockman Street and Nuyts
   Street
- minor modifications to the refuge islands on La Perouse Street to allow cars to turn right at the same time from both directions
- installation of additional signage to make road users aware of traffic calming treatments ahead, and
- "Keep Clear" markings on approach to the pedestrian crossing.

Further updates on the timing for construction will be provided when a contract is awarded for the works.

#### PARKING AND TRAFFIC MANAGEMENT - SCHOOL CARPARK

Several years ago, a P&C sub-committee initiated additional corflute signage for the school carpark because of concerns about unsafe driving and parking practices. In the last fortnight the school has made this signage more permanent. You will notice yellow metal signs with the following messages:

This area is not a parking zone. Please park legally.

This is a KISS and GO area only DO NOT leave your car unattended. (Astrolabe Street)

Protect our children. Please park legally.

Parking outside of bays is not safe for our children.

Legal parking only in this carpark. Pick up and set down zone is Astrolabe Street.

Double parking increases accidents. Park safely for our children.

For the safety of our children entry to this zone requires parking in parking bays only.

For the safety of our children do not double park.

Parking here obstructs crossing. Park safely for our children.

We would like to clarify that the request to avoid double parking does **not apply** to the kindergarten drop off and pick up system which began twelve months ago under Covid guidelines. This system will continue for the benefit of some of our youngest students and to take pressure off Astrolabe Street, especially in the afternoon. Kindergarten parents are permitted to drop their children off in the morning and wait in the afternoon at the designated collection point, just in front of the carpark crossing. They must stay in their car and move on quickly once they have dropped off or collected their children.

All other parents are asked to use the Astrolabe Street 'Kiss and Go' area to drop off and collect their children. Please keep our children safe and help us to reduce congestion in the carpark by abiding by this rule. Alternatively, you are welcome to park in a bay to say goodbye to your child or pick them up at the end of the day. Remember that in the afternoon it is important to enter the carpark prior to 2.50pm or after 3.10pm and park at the lower end, closest to the basketball court so that the traffic flow in the kindergarten collection line isn't negatively affected.

It is definitely not okay to double park your car and leave it unattended in the school carpark. To my horror I have sometimes observed drivers not only leaving their car unattended, but also leaving the engine running. Please don't do this.

By the way, we know how difficult pick-ups are on the afternoons when it is raining heavily. Bus duty isn't very pleasant on those afternoons either . I felt like Mary Poppins last Friday when I was on bus duty- it had suddenly started pouring down and I was trying to shelter a child under an umbrella when a big gust of wind turned the umbrella inside out and lifted it up in the air. Sadly, instead of flying off together with a magic bag to a wonderful, colourful place, we ended up bedraggled and wet. It gave onlookers a bit of a giggle though when the umbrella flipped inside out. Everyone will be pleased to hear that our wonderful P&C are helping us to build an undercover area at the Astrolabe 'Kiss and Go' area to assist with these rainy afternoons!

As always thank you staff and parents for your support this term. I hope you are able to enjoy the school holidays with your families. We will see everyone back at school on Monday 10<sup>th</sup> October and will also welcome a number of new families.

Kind regards

Louise Owens (Principal)

## Mandarin News



#### MANDARIN CLASSES

China holds a myriad of opportunities both culturally and economically for Australia as a country and all of us as individuals. This said, negotiating the nuanced and complex Sino-Australian relationship is not easy. Learning the Chinese language and the right aspects of Chinese culture can make all the difference in achieving better outcomes for all of us.

Commencing Friday 21 October 2022, running every school week Friday until the end of the school year, a parents and teachers' Mandarin class will be held in the Community Hub from 8.30am to 9 am.

Mandarin is one of the easiest languages to learn to speak. Dedicated students have reached basic fluency in as little as 10 weeks.

When: Friday mornings 8.30am to 9am

Where: Red Hill Primary Community Hub

Contact: <a href="mailto:chad.birks@ed.act.edu.au">chad.birks@ed.act.edu.au</a> or 0405050420



## **Student Contributions**



Recently a few students in class 5G started a band. It has been a great learning experience for them and the crew behind the band. Their creativity made stronger relationships between all of them. Students in year five have recently got tickets (free) to see the Rainbow Rocks (tour). They have made multiple original songs and the crew behind them is working very hard to make sure at least everyone in year five knows the name ''Rainbows. Here is the amazing crew:

- Eli Azize, lead singer, guitarist and founder of the band
- Eugene Galke, percussionist
- Noah Alcorn, beatboxer and tambourine
- Will Mitchell, background vocalist
- Hareem Soroya, guitarist 2
- Edwin Marks Watkins, security guard and songwriter
- Amber Battison, CEO
- Aarna Bagul, CEO, manager and marketer.

## Jump off Day!



On Friday 16 September all students participated in our Jump Off Day celebration. The day started with an excellent display of student skipping skills at our whole school assembly. Later in the day each year level came out for 30 minutes of skipping. Students skipped individually or with friends with the short and long skipping ropes. We were very fortunate to have clear skies so students could be outside. Through donations and skipping rope sales our school raised over \$2000 for the Heart Foundation. I would like to thank students for the



energy, enthusiasm, and generosity which made this day a success!

Dan Graetz

Jump Rope for Heart Coordinator

## **Uniform Shop**



Due to COVID restrictions, all uniform shop orders are to continue via flexischools. <a href="https://www.flexischools.com.au/">https://www.flexischools.com.au/</a>

COVID restrictions permitting...new families can book time with the Uniform Shop Manager if needed; please email for a booking time: <a href="mailto:rhps.uniformshop@gmail.com">rhps.uniformshop@gmail.com</a>

Secondhand requests can be emailed through to the shop manager.

Donations are to be placed in the purple bin in the front office foyer.

Lost property will continue to be monitored and items that are labelled sent to the front office for return to the student. Anything not labelled will be sent to charity.



### Canteen

The school canteen is open Tuesday - Friday for lunch. Orders need to be placed on Flexischools by 8am each day and will be delivered to classrooms at lunchtime:

- Kindergarten year 3: 11.10am
- Years 4 6: 1pm

The link to Flexischools can be found on the school website.

The canteen would love to thank the amazing year 3 & 6 children who deliver lunch crates to their fellow students for us Tuesday to Friday. A great big thank you to the year 6 children who help serve counter sales at lunch time.

We also would love to welcome any parent/grandparent/carer who would like to volunteer in the Canteen, even for an hour or so to assist with counter sales.

WATCH OUT FOR OUR NEXT INTERNATIONAL FOOD DAY EARLY NEXT TERM. MEXICAN IS ON THE MENU!



## Healthy Kids Canteen Menu Red Hill Primary School

term 3 2022

Order online at www.flexischools.com.au

#### Sandwiches & wraps +oasted or untoasted

All served on wholeheal bread unless otherwise requested.

Vegemite (with margarine) V	\$3.00
Cheese V	\$3.50
Cheese & tomato V	\$4.00
Ham	\$4.00
Ham & cheese	\$4.50
Ham, cheese & tomato	\$5.00
Ham & salad	\$5.50
Ham, lettuce & mayo	\$4.50
Chicken & cheese	\$5.00
Chicken & salad	\$4.80
Chicken, lettuce & mayo	\$4.50
Tuna & cheese	\$4.50
Tuna, lettuce & mayo	\$4.50
Rainbow: Lettuce, carrot, tomato,	
cucumber, beetroot V	\$4.50
Salad & cheese V	\$4.20
Egg & cheese V	\$4.50
Egg, lettuce & mayo V	\$4.50

#### Change up your sandwich:

46¢ ham, chic	ken, tura,	egg or cl		\$1.00
466 Lettuce, o	arrot, cuc	umber, to	mato, beetroot	\$0.60

Change +o: wrap	Extra	\$0.50
Change +o: gluten-free bread GF		\$1.00

#### Fresh salads

Build your own salad	From	\$5.00
Seasonal fruit salad V GF		\$4.00

#### #o+ meals

Pasta Bolognaise: beef H	\$5.80
Pasta Napolitana H V	\$5.00
Lasagne: beef H	\$5.80
Lasagne: veggie	\$5.80
Butter chicken & rice	\$5.80
Stone-baked pizza (cheese or ham & pineapple)	\$5.80
Four'N Twenty Lite sausage roll	\$5.00
Four'N Twenty traveller pie	\$5.80
Add cheese to pasta extra	\$ 30

#### Snacks

Olidelio	
Piece of seasonal fruit V GF	\$1.50
Poppin' com V GF	\$1.00
Jelly (made with 100% juice)	\$2.00
Fluffy chocolate mousse V GF	\$2.50
Banana bread V	\$2.00
Cheesy garlic bread V	\$2.50
Veggie sticks	\$2.00
Custard cup	\$2.00
Jelly / custard	\$2.00
Milo cookie	\$1.00

#### Frozen

Quelch juicy sticks V GF			\$1.00
Twisted frozen yoghurt (chocolate/vanill	100		
Strawberry/vanilla, watermelon/mango)	V	GF	\$3.00
Juice cups			\$2.00

#### Drinks

Plain milk: 300ml	\$2.50
Sipahh straw	\$0.50



V = Yese+arian

GF = sluten free H = Certified Halal

H denotes products which have been Halal Certified. All chicken used in sandwiches and hot meals is also Halal Certified.

Red Hill School Calendar 2022 - Term 4					Mon 10 Oct - Fri 16 Dec
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Oct 10 - 14					Oct 14  P&C movie evening  Rozalia's Restaurant Official  Opening. This Sunday  Evening  5- 7 p.m
Week 2 Oct 17 - 21	Oct 17- BASE testing begins for Kinder	Oct 18- YR 1 Zoo Excursion 9.30-2.30			
Week 3 Oct 24 - 28	Oct 24- 3:45pm - 4:45pm IB Network Teach Meet				Oct 28- BASE Testing finishes Pupil Free Day
Week 4 Oct 31 – Nov 4	Oct 31 Narrabundah ECS- Transition Afternoon Tea 3.30- 4.15	Nov 1 African Drumming and Dance Musical Evening 6.30- 7.30		Nov 3 Band /Choir Evening 6.30-7.30	
Week 5 Nov 7 - 11	Nov 7 Preschool Wiradjuri Echo's 1pm -2pm				Nov 11 Preschool Wiradjuri Echo's
Week 6 Nov 14 - 18					
Week 7 Nov 21 - 25					
Week 8 Nov 28 – Dec 2				Dec 1 YR 6 Exhibition	
Week 9 Dec 5 - 9	Dec 5 Telopea Transition Visit Yr6 9.30-1.30		Dec 7 Yr 6 Fun Day Christian Edu 9.10-3.00	Dec 8 End of Year School Disco 6 pm -9pm	Dec 9 Yr 6 Final Assembly 9.30 -11.00
Week 10 Dec 12 - 16		Dec 13 Pool Fun Day 9.00- 3.00		Dec 15 Yr6 Graduation 11.00- 1.00	

## **Community News**

















The next Holiday Happenings edition is now available online.

To see the Programs, Activities & Events happening these holidays go to:

www.holidayhappenings.com.au/online-booklet







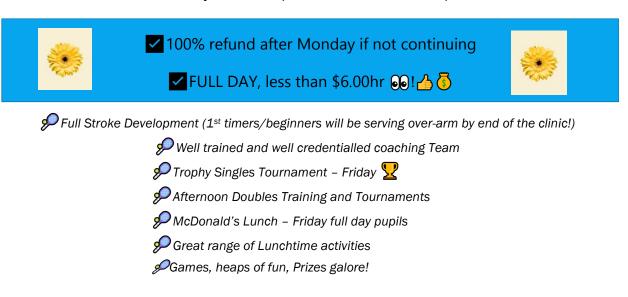
# McDonald School of Tennis Spring School Holiday Tennis Clinic

Kindergarten Kids to 17 Years

#### All standards

Red Hill Tennis Club, Astrolabe St, RED HILL

SEPT26-30, Mon-Friday 7.45am-1pm HALF DAY, or 7.45-6pm FULL DAY



Enrolment forms at WEBSITE- McDonald School of Tennis, <a href="https://www.mcdonaldschooloftennis.com.au/">https://www.mcdonaldschooloftennis.com.au/</a>

Or please phone professionally qualified level 2 tennis coach Matt McDonald, 0412565137









## FAMILY DAY CAMP



For families with a child affected by chronic pain, fatigue or associated auto immune conditions.

#### Come and Join us

Labour Day weekend, Sunday 2nd October 2022. Canberra Day weekend Sunday 12th March 2023.

· For ACT Regional locals. Includes activity plans for the entire long weekend.

BASKETBALL ACT

Travel scholarships available for interstate attendees (conditions apply).

#### Why join us?

- · Programs specifically for parents / primary care givers, siblings and effected children.
- Parent Date break
- Support in helping your child transition to adulthood and self management
- Ideas to assist siblings with their feelings
- · Meet other kids with a similar life experience.











Enquire or book today 1800 011 041 Parthritisact.org.au



BASKETBALL



Designed for children new to the sport and focuses on teaching basic basketball skills, and delivered in two age groups, to ensure better skill alignment - Aussie Hoops Under 8's and Aussie Hoops Under 10's.



A "Girls Only" Program, aimed at ages 5-10 years, who are looking to build on skills learnt at school holiday camps, BACT development programs and junior competitions



Designed for children (8-15 years of age) who have progressed through our Aussie Hoops programs and holiday camps, and are looking to further build upon previously learnt skills in a more refined and technical manner.

For further information relating to program descriptions, locations, costs and registration, head to

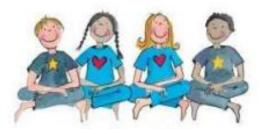
www.basketballact.com.au



### Term 4 2022 Chill Skills Program 8 Week Course for 8-12 year olds Wednesdays 4-5pm at the Erindale Neighbourhood Centre (Commencing week 2 of term 4 2022)

Would you like your child to have better sleep, concentration, attention span, confidence, listening skills and self esteem?

Do you wish to help your child to be more mindful and happy, reduce their stress and anxiety levels and manage their moods and emotions?



The classes include:

DYNAMIC warm-up and exercises, EXCITING games RELAXING stretches, CALMING breathing exercises SOOTHING peer massage, POSITIVE affirmations CREATIVE visualisations, mindfulness and meditations

The cost of the 8 week course is \$160
and it is facilitated by Simone Roxburgh
Simone is passionate about supporting children and
adult's wellbeing through the Relax Kids program (that
she has facilitated since 2014) and the Mindfulness course
for adults that she also provides.

#### Bookings are essential:

email simoneroxburgh80@gmail.com or phone 0410 455 177

(Please book in early as spaces are limited)

#### **HOBAN - ACT School Crossings Program**

HOBAN is hiring new School Crossing Supervisors for Canberra ACT!

This is a great opportunity to be an important part of your local community, meet new people and keep them safe! If you enjoy the outdoors and want short working hours, then this is the perfect job for you! We have multiple positions available in your local area.

We are currently looking for casual School Crossing Supervisors in a number of locations across Canberra for Term 4.

As a School Crossing Supervisor your key res will be to help children, parents, and community members safely across the road, teach them how to use a crossing safely and provide a courteous service to pedestrians.

#### Duties and responsibilities will include by not limited to:

- Assisting children, families, and pedestrians to safely cross at children's crossings and traffic lights
- Report all incidents, accidents, near misses and potential risks
- Maintain a high level of awareness and professionalism.

The role of School Crossing Supervisor is held in very high esteem in our communities. In taking on this role, you'll become vital to the safety of our children, parents, teachers, and local motorists. You'll also grow to be a much-loved familiar face around the school with a unique opportunity to touch the lives of countless families

#### Successful candidates will have:

- Strong communication skills
- Experience in customer service or working directly with children
- Currently hold, or be willing to obtain, a Working with Vulnerable People Check
- Driver's Licence and have access to a reliable vehicle (ideal, but not a necessary)
- Availability Monday to Friday, from 7.30am to 9.00am and 3.00pm to 4.00pm.
- Be willing to commute around Canberra as needed

#### Benefits to you:

- · You'll be a part of an important community program
- Start in Term 4 10<sup>th</sup> October 2022
- Full training and uniform will be provided
- Max Hire Contract available, Flexible hours!
- \$22.77p/hr
- Multiple locations around Canberra ACT

If it sounds like you, please reach out to Daisy from HOBAN Recruitment - schoolcrossingact@hoban.com.au