

RED HILL SCHOOL NEWSLETTER

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Community News



The Senior Green Team members spent an informative lunch time with Mr Hosking learning about the worm farm.

**Red Hill School is a Nut Free
Environment**



ACT
Government
Education

Red Hill
SCHOOL

Open hearts • Inquiring minds



Notes Home

Preschool Wiradjuri Echo's
Excursion

Year 6 Parent Information

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Fee code for Voluntary Contributions is VOL CONS

Leadership Team Overview

Hello Parents and Carers,

Music Spectacular

This week our performance groups entertained us at the music spectacular evenings. On Tuesday night, Wassa Wassa Junior and Wassa Wassa performed West African rhythms to a very appreciative audience. It was clear to see that the students have been practising regularly. On Thursday night we had the pleasure of hearing the year 3-6 choir and the year five and year six woodwind bands. Once again, the time and effort these students have put into practising has definitely paid off. We are always impressed by the progress students make in just one year. We hope you also had time to enjoy the artwork that was on display on the hall walls. Both evenings were very enjoyable, and we thank everyone who came along to make the evenings a success. We also thank you for your generous donations which will go towards supporting our sponsor child, Mohammed, and our school arts programs. Lastly, a big thank you to the teaching staff who work with these ensembles, the staff who came along to help on the evenings and also our P&C for providing a social get together for the parents before the performances to allow us to set up each evening.

Have an eSafe Summer

On the 22nd and 24th November from 6:00 pm to 7:00 pm, the ACT Education and Training Directorate's eSafety team will deliver parent and carer webinars on:

- staying safe online over the summer school holidays
- family technology agreements
- gift guides
- and more!

The webinars are suitable for parents of students in preschool to year 12. Please see the flyer later in the newsletter for registration details.

SMART Watches

A number of students are now wearing smart watch devices to school. Whilst these devices can be very useful and allow efficient communication, we have had a growing number of incidents where the devices have become very distracting to both the owner of the device, but also other students near them. We are sure you can

appreciate that when notifications happen during learning time, they can create quite a distraction for those around the device as they enquire about what is happening and who is messaging.

We would appreciate your support in minimizing the impact on teaching and learning by:

- contacting our front office if there are important messages that need to be communicated to a student during the school day,
- helping your child to understand how to adjust device settings so that 'do not disturb' / 'silent settings' are activated during school hours, and
- reminding your child/ren about appropriate times to be accessing and using these devices.

BASE Assessments

Our kindergarten students have now finished the BASE end of year assessments. These are administered one on one with the class teachers. The Education Directorate coordinates the distribution of results, which we will forward parents once they are received later this term.

Nathan James (Deputy Principal)

Preschool News

Recently Red Hill Preschool purchased a new table and bench set for our verandah. As many furniture items do, the set required construction. Anthony, our building services officer, kindly came down to assemble it for us and was surrounded by a little swarm of preschool helpers. He did a wonderful job including the preschoolers in the process, explaining and answering all of the *what/why* questions about the tools that were needed.



A big thank you to Anthony for all the things he does for our school, the students and our community. His help is always greatly appreciated.

Regards, Nicole Lipman (Red Hill Preschool teacher)

Classes in 2023

Because of the disruption last year due to a pupil free period and many weeks of online learning, we decided to keep most class groups intact for 2022. Some changes were necessary, for example where projected enrolments indicated that we would need a different number of classes in a particular year level. We are currently considering whether we should change all classes for 2023, consulting staff and students. There are both advantages and disadvantages in doing so, which we will weigh carefully before making a final decision. We are interested in hearing parents' and carers' views on this as well. If you would like to provide feedback on your child's experiences with class formation, please complete the survey which will be sent out by email this afternoon.

Where classes must be newly created for next year, we promise that each student will have at least one nominated friend because we recognise the connection between the power of relationships and student learning. However, sometimes a best friend is a good person to play with but not necessarily an appropriate person to learn with in class. Teachers often speak to the students about this, and it is helpful for parents and carers to reinforce the same message.

Given that some year level classes will need to change because of changing enrolments we have asked all students to complete 'sociograms' at school, selecting five peers they believe they would work well with. They will bring these home over the next few days so that parents have the opportunity to talk with their children about their choices. We would appreciate the sociograms being returned by **Friday 11th November**. Please do not sign off on your child's sociogram unless you feel comfortable with his/her choices.

When organising classes, we strive for a balance to ensure that all students have the best opportunity to learn. This is a complex task because we must do our best to balance academic, social and emotional needs, class sizes and other factors. Some student dynamics are also not conducive to optimal learning. Final decisions are made using input from current teachers and executive staff, sociograms and parent requests. If you have any concerns about your child's class placement in 2023, please contact your child's teacher, Nathan James (Student Welfare Deputy) or Louise Owens so we can talk this through before the end of the year. It is essential that, once the classes are formed, we do not make further changes as this can upset the balance of student needs.

It's also important to understand that the choice of teacher cannot generally be used as a basis for forming classes for the following school year and so we ask that parents not request specific teachers for their children. The decision about teacher placements has not been made yet as there are staff appointments still being finalised. Furthermore, teachers occasionally change year levels because they benefit professionally from teaching across all grades and students in turn benefit from teachers' increased capacity to understand where every child is at.

Thank you to the families who have already let us know of changing family circumstances in 2023. **If your child will not be attending Red Hill School in 2023, please let us know as soon as possible.** It is very important that we have accurate enrolment projections so that we can plan staffing and the correct number of classes for next year.

Kind regards

Louise Owens (Principal)

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2023 ATTENDANCE AND CLASSES

Name: _____ **Class:** _____ **Name:** _____ **Class:** _____

Name: _____ **Class:** _____ **Name:** _____ **Class:** _____

- ☐ **Will not be attending Red Hill School in 2023 - we will be leaving the school on**
_____ **as our family is going to** _____.
- ☐ **We are not sure at this stage but will be able to advise you further on or after** _____.

Parents Name: _____

Signature: _____ **Date:** _____

Uniform Shop

Due to COVID restrictions, all uniform shop orders are to continue via flexischools.

<https://www.flexischools.com.au/>

COVID restrictions permitting...new families can book time with the Uniform Shop Manager if needed; please email for a booking time: rhps.uniformshop@gmail.com

Secondhand requests can be emailed through to the shop manager.

Donations are to be placed in the purple bin in the front office foyer.

Lost property will continue to be monitored and items that are labelled sent to the front office for return to the student. Anything not labelled will be sent to charity.



Uniform Shop Extended 2022/2023 Hours

December 2022

Week 9 & 10 December 7th to 9th

Wednesday 7th December	8.30am to 9.30am
Friday 9th December	2pm to 4.00pm
Wednesday 14th December	8.30am to 9.30am
Friday 16th December	2pm to 3.30pm

Flexischool order cut off for 2022 will be 7th December 2022.

All orders placed during week 9 will be delivered by Wednesday 14th December.

Last Day for opening in 2022 is
FRIDAY 16th December

JANUARY 2023

Set up in the Art Room next door to Uniform Shop

Tuesday	24th January 2023	8.30am to 12pm
Wednesday	25th January 2023	12.30pm to 3.00pm
Friday	27th January 2023	8.30am to 12pm

Flexischool orders will reopen on 18th January 2023. All orders placed between the 22nd and 31st January can be collected during above opening times.

Term 1 Week 1 2023

Monday	30th January 2023	8.30am to 10.30am
Tuesday	31st January 2023	8.30am to 10.30am
Wednesday	1st February 2023	8.30am to 10.30am
Friday	3rd February 2023	2pm to 4pm
Wednesday	8th February 2023	8.30am to 9.30am
Friday	10th February 2023	2pm to 4pm

Regular Shop hours for 2023 to be confirmed.



Healthy Kids Canteen Menu

Red Hill Primary School

Order online at www.flexischools.com.au

Term 3
2022

Sandwiches & wraps *toasted or untoasted*

All served on wholemeal bread unless otherwise requested.

Vegemite (with margarine) V	\$3.00
Cheese V	\$3.50
Cheese & tomato V	\$4.00
Ham	\$4.00
Ham & cheese	\$4.50
Ham, cheese & tomato	\$5.00
Ham & salad	\$5.50
Ham, lettuce & mayo	\$4.50
Chicken & cheese	\$5.00
Chicken & salad	\$4.80
Chicken, lettuce & mayo	\$4.50
Tuna & cheese	\$4.50
Tuna, lettuce & mayo	\$4.50
Rainbow: Lettuce, carrot, tomato, cucumber, beetroot V	\$4.50
Salad & cheese V	\$4.20
Egg & cheese V	\$4.50
Egg, lettuce & mayo V	\$4.50

Change up your sandwich:

1st ham, chicken, tuna, egg or cheese	\$1.00
1st Lettuce, carrot, cucumber, tomato, beetroot	\$0.60
Change 1st wrap	Extra \$0.50
Change 1st gluten-free bread GF	\$1.00

Fresh salads

Build your own salad	From \$5.00
Seasonal fruit salad V GF	\$4.00

Hot meals

Pasta Bolognese: beef H	\$5.80
Pasta Napolitana H V	\$5.00
Lasagne: beef H	\$5.80
Lasagne: veggie	\$5.80
Butter chicken & rice	\$5.80
Stone-baked pizza (cheese or ham & pineapple)	\$5.80
Four'N Twenty Lite sausage roll	\$5.00
Four'N Twenty traveller pie	\$5.80
Add cheese to pasta	extra \$.30

Snacks

Piece of seasonal fruit V GF	\$1.50
Poppin' corn V GF	\$1.00
Jelly (made with 100% juice)	\$2.00
Fluffy chocolate mousse V GF	\$2.50
Banana bread V	\$2.00
Cheesy garlic bread V	\$2.50
Veggie sticks	\$2.00
Custard cup	\$2.00
Jelly / custard	\$2.00
Milo cookie	\$1.00

Frozen

Quech juicy sticks V GF	\$1.00
Twisted frozen yoghurt (chocolate/vanilla, Strawberry/vanilla, watermelon/mango) V GF	\$3.00
Juice cups	\$2.00

Drinks

Plain milk: 300ml	\$2.50
Sipahh straw	\$0.50



V = Vegetarian

GF = Gluten Free

H = Certified Halal

H denotes products which have been Halal Certified. All chicken used in sandwiches and hot meals is also Halal Certified.

Red Hill School Calendar 2022 – Term 4					Mon 10 Oct – Fri 16 Dec
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Oct 10 - 14				13 Oct Chess Championship	Oct 16 Rozalia's Restaurant Official Opening. Sunday 5-7 pm
Week 2 Oct 17 - 21	17 Oct BASE testing begins for Kinder	18 Oct YR 1 Zoo Excursion 9.30-2.30pm			21 Oct Junior School Assembly – Hosted by Kindergarten Preschool Disco SRC Student Congress (Online) 11:30-12:30pm
Week 3 Oct 24 - 28			ACT Finals Basketball Year 3 Mungga -Iri Jingee Academy of Future Skills 9:30-2:35pm		28 Oct BASE Testing finishes Pupil Free Day
Week 4 Oct 31 – Nov 4	31 Oct Narrabundah ECS Transition Afternoon Tea 3.30- 4.15pm	1 Nov African Drumming Musical Evening 6.30- 7.30pm		3 Nov Band/Choir Musical Evening 6.30-7.30pm	
Week 5 Nov 7 - 11	7 Nov Preschool Wiradjuri Echo's 1pm -2pm				11 Nov Whole School Assembly Preschool Wiradjuri Echo's Excursion 1-2pm
Week 6 Nov 14 - 18		15 Nov 2023 Preschool/Kindy Orientations		17 Nov 2023 Preschool/Kindy Orientations	
Week 7 Nov 21 - 25		22 Nov 2023 Preschool/Kindy Orientations		24 Nov 2023 Preschool/Kindy Orientations	25 Nov Junior School Assembly Hosted by Year 2
Week 8 Nov 28 – Dec 2	28 Nov Pupil Free Day		30 Nov “Getting to Know You” Preschool Information Session 5-6pm	1 Dec YR 6 Exhibition	
Week 9 Dec 5 - 9	5 Dec Telopea Transition Visit Year 6 9.30-1.30		7 Dec Year 6 Fun Day Christian Edu 9.10-3.00	8 Dec End of Year School Disco 6-9pm	9 Dec Year 6 Final Assembly (Year 6 Only) 9.30 -11.00
Week 10 Dec 12 - 16		13 Dec Pool Fun Day 9.00- 3.00		15 Dec Year 6 Graduation 11.00- 1.00	16 Dec Whole School Red Hill has Talent Assembly Hosted by SRC

Transport for NSW



School Travel

Term 4 2022

2023 school travel applications are now open

Applications for student travel in 2023 open from **Monday 10 October 2022**.

Students who need a School Opal card or travel pass for 2023 can [apply](#) now. A new application will need to be submitted if they are applying for the first time, or if they are requesting an additional travel entitlement as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who change address, school, campus location, have repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should [renew or update](#) their details before **the end of term 4**. This will ensure that schools can endorse applications, and entitlements remain valid for the start of the 2023 school year. School Opal card holders will have the changes applied to their existing card.

If a student's distance eligibility has changed based on their grade (i.e. grade two to grade three), the system will automatically update their entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), we will send an expiry notification via email.

Students who have an entitlement approved under a medical condition that is due to expire will receive a notification advising them to re-apply.

[Term Bus Pass](#) holders will receive a notification to re-apply.

Students in the Opal network applying for an Opal card (including a Term Bus Pass) for the first time will receive their Student Opal card at their nominated postal address. Cards will be mailed out from January 2023.

Students living in rural and regional (R&R) areas should receive their travel pass at the start of the new school year from their nominated transport operator. It may come via the school or be sent directly to them at home. **Note:** some R&R operators do not issue travel passes. Students/parents should confirm with their nominated operator if they do not receive a pass.

Travel from Term 1 2023

We ask that parents plan ahead and make sure their child knows which service/s to use and has a valid ticket to travel; either a School Opal card or Child/Youth Opal card (within Greater Sydney) or a School Travel Pass (outside Greater Sydney), from the start of the school year.

Applications for 2023 School Student Transport Scheme (SSTS) travel open at the start of Term 4 2022, so parents/students can [apply](#) or [update](#) details early and be ready for the start of the new school year.

Most students using the Opal network will not need a new Opal card and can continue travelling on their existing card each year.

The start of the year is a busy period for local transport operators, and students travelling without a valid ticket make service planning and operations difficult.

We recognise that for some families last minute changes to school enrolments mean they may not have a School Opal card or Travel Pass for the start of term. In the Opal network, we strongly encourage these families to have their children travel with a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their [local bus operator](#) to discuss their travel needs.

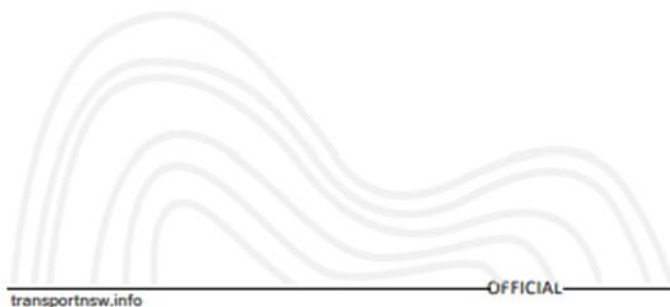
Bus operators are flexible and understanding, particularly at the start of the school year, and will ensure students can travel safely to and from school. But to best support our operators we encourage all students to have a valid ticket, as early as possible, from the start of the school year.

Students using School Opal cards are also reminded that they must tap on and tap off in line with the [Student code of conduct](#) and [Opal terms of use](#).



Further information can be found at transportnsw.info/travel-info/using-public-transport/school-travel

Enquiries can be submitted at transportnsw.info/contact-us/feedback/passes-concessions-feedback





Have an eSafe Summer!

ACT Public School Parents and Carers **eSafety** Webinar

Time: 6pm-7pm

Date: 22 & 24 November

Audience: P-12 parents/carers

*Register using the QR Code
or Link: bit.ly/3Q35xCP*

Webinar topics:

- Online safety over summer holidays
- Family tech agreements
- Gift guides
- And more!



ACT
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Australian Childhood Anxiety TREATMENT STUDY

Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:



(07) 3735 3351



cadrp@griffith.edu.au



griffith.edu.au/childhood-anxiety-treatment-study



Australian Government
National Health and
Medical Research Council

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