

Issue 12
9 August 2019

Red Hill School Newsletter

Coming Events

Monday 12 August
P&C Meeting 6:30pm

Thursday 15 August
SRC RSPCA Fundraiser

Friday 16 August
Senior School Assembly –
Year 4 to Host
RHIPP

**Monday 19 August to
Friday 23 August**
Book Week
Redgum Book Fair

Monday 19 August
Year 5 Combined Band
Rehearsal at Mawson
Primary School

Wednesday 21 August
South Weston Athletics
Carnival

Friday 23 August
Book Week Assembly 9.30am
Dress-up Parade and
Walkathon 11:30am to
12:55pm
Newsletter



Red Hill School is a Nut Free Environment



Year 5/6 Boys Jamie Pearlman Cup Basketball Competition

Notes Home

2019 Science Educators Association of the ACT (SEAECT) Science & Engineering Fair

Year 3 And 4 Writing ICAS Assessment Task 2019

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Our Next Assembly

Will be a SENIOR SCHOOL ASSEMBLY held on Friday 16th August at 9:25am

Hosted by: Year 4

All welcome, please be seated by 9:20am for a prompt start

*Parents are invited to attend croissants and coffee
in the parent hub at 9.00am*

Leadership Team Overview

Dear Parents and Carers,

Real Resilience

We were lucky enough to again have Dr Justin Coulson present to about 75 parents in the library last week. He discussed the need for 'real resilience' in our children and how as parents we can go about ensuring this.

He discussed a metaphor for building resilience in children. He asked us to think of a gymnastics bar, one which requires balance to walk across. He reminded us that gymnasts use a spotter to help when they wobble to ensure safety. He said building resilience is like being a spotter – a spotter does not grab us if we wobble, rather they put their hands up and check on us, get us back on track and then allow us to continue by ourselves.

Justin suggests that parenting should be like this – when our children have a “wobble” in life, check they are okay, ask if they need help and put in enough support to get them back on track. What we should avoid, he says, is getting on the bar and taking over, getting the child to the end of the bar and not letting them solve the problem themselves. By solving problems for children rather than with them, we are teaching them that they are unable to do this themselves.

Guiding them, assisting them to solve their own problems, gives them the skills to eventually do it independently and feel a sense of self-efficacy.



He also discussed the essential need for finding time to spend with our children – let them know how much we value them and that we want to talk to them – they need our time. He suggested the easiest way to do this is to have set routines, whether it is playtime after school, reading together before bed or sitting at the dinner table (without devices) and talking about everyone's day. However it looks in our households, whatever works in our day, we should make time for quality interaction in which child/ren get to talk to the significant adults in their lives.

Justin has a blog which may interest you about resilience in children:

<https://www.happyfamilies.com.au/blog/18-ways-to-a-more-resilient-child/>.

School Survey

The 2019 School Satisfaction Surveys will be conducted later this term.

Parents and carers, school staff and students (in years 4 to 12) will be asked to participate in these important surveys. The survey results will contribute to school research and improvement processes.

Although the survey is voluntary, we hope you will want to participate. It won't take much of your time and will help us improve our school for your child and future students. An email about the parent and carer survey will be sent to you in August. The key ACT results from the 2018 School Satisfaction Surveys have been published on the Education Directorate website (www.education.act.gov.au) and a summary of our school results is provided in our 2018 School Board Report.

The survey is a vital piece of communication between parent and carers and the school. We value the information we gain from this survey. Last year about 180 parents completed the survey for our school. Our goal this year is to receive at least 200 surveys.

Kind regards,

Emma Campbell
Deputy Principal

Year 6

Over the past few weeks, Year 6 have been inquiring into history and culture.

The students have been investigating the meaning and the importance of our land.

Year 6 have enjoyed exploring the Indigenous garden and using their photography skills to capture an image that ignites their emotions.



Year 6 have been risk-takers, principled, knowledgeable and communicators during PE and sport lessons.

They have shown great leadership skills when teaching their peers new sport games and skills.

PE & Drumming News

Athletics Carnival

Our school athletics carnival was held on Monday. Well done to all students who attended and did their best in their events! It was a great day with positive school spirit.

There will be a special assembly to present awards from the carnival. Students who finished first to fourth in each event will receive ribbons and we will also present a junior and senior champion athlete award for both boys and girls. **This assembly will be held at 9.30am on Friday 6 September in the hall.** Parents, carers and members of the community are welcome to attend.

Jamie Pearlman Cup

Last week a team of 11 boys completed in the southside challenge division of the Jamie Pearlman Cup at Tuggeranong stadium. The team played with great energy and discipline and won all 3 of their regular games convincingly and then their grand final! The boys are to be commended for training so hard leading up to the competition and for their behaviour and sportsmanship on the day. The team will continue to train and will play the winner of the northside challenge division in September.



Interschools 2019

Any keen skiers or snowboarders out there?

We are entering kids into the ACT schools cup to be held in Perisher on Sept 1st.

Kindergarten to Y6 welcome to join the Red Hill PS team.

Please feel free to email Julian Thompson (Miranda Y6) - julian.thompson.150@gmail.com or Kate Branch (Sami Y5) - bkbranch@gmail.com if you are keen for your child to join or want more information.

<https://actinterschools.com.au/article/act-schools-cup-entries-now-open>

The ACT Schools Cup is a friendly Interschools skiing event for Canberra students only in Alpine and Snowboard GS. It is being held on Sunday 1st September 2019 at Perisher Valley.

EVENT INFORMATION

Course: Front Valley. Alpine Dual Course

Race Times:

- Alpine Inspection - 9.00am - 9.15am, Alpine Race Start - 9.30am
- Snowboard Inspection - 10.30am - 10.45am, Snowboard Race Start - 11.00am
- Presentation at 2pm below the V8 chair.

Race Bib Collection and Volunteer Check In: 8.15am - 9.00am - Interschools Race Office in the Perisher Skitube Terminal.

Divisions: Participants will compete in their Interschools Division (Division 1 – Years 11 and 12, Division 2 – Years 9 and 10, Division 3 – Years 7 and 8, Division 4 – Years 5 and 6, Division 5 – Years 4 and below and Division 6 (Alpine Only) – Years Kindergarten to Year 2.

Results: Medals will be awarded to the top 3 male and female individuals in each division. A point score of the team results will be calculated to award the overall Male and Female, Secondary and Primary ACT School Cups.

Entry Fee: \$47 per event. Payment is due August 28.

redgum BOOK FAIR

Book Fair is on Week 5, 19th August to 22nd August

Monday 19th – 3:15pm to 4pm

Tuesday 20th – 8:30am to 9am and 3:15pm to 4pm

Wednesday 21st – 8:30am to 9am and 3:15pm to 4pm

Thursday 22nd – 8:30am to 9am and 3:15pm to 4pm

Our school Librarian is looking for some wonderful parent volunteers to help the event be the best it can be and run smoothly. Volunteers are needed for both the morning and afternoon.

If you think you are able to help out during any of the times, please send in your details to the front office to be passed on to our acting Librarian, Miss Tania Brown.

Wish List

Name:	Year:	
My Favourite Top 5 Books from today's Book Fair		
Title	Price	Approval
1	\$	<input type="checkbox"/>
2	\$	<input type="checkbox"/>
3	\$	<input type="checkbox"/>
4	\$	<input type="checkbox"/>
5	\$	<input type="checkbox"/>
Please take your list home for your mum or dad's approval. If they would like to purchase any of your Favourite Top 5 Books, please tick (✓) the approval box (above). Bring this form back to the library.		Total \$ <input type="checkbox"/>
Parent signature:	Print Name:	Date:

SRC News!

The SRC committee is proudly hosting
The RSPCA fundraiser for term 3 on Thursday 15th August!



Students at Red Hill P.S. are assisting the RSPCA organisation by:

- Bringing a stuffed animal toy to school
- Donate a golden coin to support the cause

The RSPCA organisation aims to prevent cruelty to animals by actively promoting their care and protection.

We THANK YOU for supporting such a cause that means so much to our student population at Red Hill

Red Hill SRC Reps!

French

Year 1

Sharing the planet - Through human actions people can have an impact on animal species

Learning Intentions

- name different pets/ domestic animals
- answer simple questions about animals.
- state what he/ she knows about that animal
- ask if one has a pet(s)
- Tu as un animal? - Do you have a pet?
- Tu as des animaux? - Do you have pets?
- Je n'ai pas d'animaux. - I don't have any animals.



Do you remember when the French Club is on?

It's every Thursday at lunchtime.

Don't miss it!

UNIFORM SHOP

Hat Surf \$10.00
Hat Bucket \$12.00
Hat Slouch \$10.00
Hat Microfibre Bucket \$12.00
Dress Summer \$45.00
Polo Shirt Short Sleeve (green) \$22.50
Polo Shirt Short Sleeve (gold) \$22.50
Polo Shirt - Long Sleeve (green) \$22.50
Jacket Waterproof Flying \$41.00
Jacket Microfibre \$41.00
Polar Fleece Jumper \$28.00
Skorts Pleated \$21.50
Skorts Gabardine \$21.50
Shorts Knit \$16.50
Short Gabardine \$21.50
Pants Long Gabardine Double Knee \$26.00
Pants Long Stretch Boot Leg \$36.50
Track Pants Microfibre \$31.50
Track Pants Straight Leg Fleece \$21.00
Socks Ankle Green \$5.50
Tights Bootie Green \$12.00
Headband Green \$2.00
Hair Tie Scrunchie \$2.00
School Back Pack (M) \$45.00
School Back Pack (L) \$48.00



Purchase Options

Cash, EFTPOS, credit cards (no American Express)

Ordering In-person

Opening Hours - Wednesday 8:30-9:00am and Friday 2:30-3:30pm

Ordering Online

The Red Hill School P&C Association uses Flexischools for uniform shop sales. It is a cashless, online ordering system which streamlines payment, ordering and processing of purchases and events. Quick and easy it can be accessed 24/7 on PC or mobile app. Some fees may apply. These orders will be delivered to your child's classroom. Please note the following:

- payments by credit card or bank transfer
- some fees may apply
- orders placed by 3.40pm on Wednesday are filled and delivered to your child's classroom by Friday of the same week
- details on sizing, including height, chest and waist are noted with each garment listing
- you will need to include your child's name and class (for families new to the school and not yet been allocated a class) please enter "New Student" and orders will be held at the front office for collection
- For further information and to register please visit: www.flexischools.com.au

The Red Hill Uniform shop is staffed by volunteers from our parent community who kindly donate their time to help. If you have some time, please email rhps.uniformshop@gmail.com

Dear School Community,

The Uniform Shop is in desperate need of plastic bags i.e. Coles, Woollies/Aldi or recycled/natural bags for our online orders to be packed in.

If you have any spare bags, please make a donation to the purple bin in the front office or bring to the shop on Friday afternoons between 2.30 and 3.30pm.

Thank you for your support.

The Uniform Shop



School Banking

School Banking day – Friday



Leave banking at Front Office by 9.00am on Friday Morning

Collect after 3.15pm on Friday Afternoon

CommonwealthBank 

Open a Dollarmite account at any Commonwealth Bank branch and start banking today
every \$ you bank raises money for the school

Red Hill School Calendar 2019 – Term 3					Mon 22 July – Fri 27 Sep
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Jul 22 - 26	Sexual Health and Family Planning ACT - Year 5 Parent Information Evening	Sexual Health and Family Planning ACT Year 5 Student Workshop 9:15am to 12:45pm		Year 3/4 Touch Football Gala Day	Newsletter
Week 2 Jul 29 – Aug 2			Dr Justin Coulson – Real Resilience Parent Information Session 6:00pm to 8:00pm	Australian Maths Trust Competition Jamie Pearlman Cup Year 5/6 Boys Basketball Competition	Whole School Assembly – Executives to Host Australian Maths Trust Competition Limelight Choral Rehearsal at Chapman Primary 9:30am – 2:30pm
Week 3 Aug 5 - 9	Athletics Carnival	School Board Meeting 5:45pm	Sue Geh Cup Year 5/6 Girls Basketball Competition Year 1 National Zoo and Aquarium Excursion Year 6 Combined Band Rehearsal Menslink Presentation to Year 5		Newsletter RHIPP
Week 4 Aug 12 - 16	P&C Meeting 6:30pm Staff Room			SRC RSPCA Fundraiser	Senior Assembly – Year 4 to Host RHIPP
Week 5 Aug 19 - 23	Book week Redgum Book Fair				Newsletter
	Year 5 Combined Band Rehearsal at Mawson Primary		South Weston Athletics Carnival		2019 Book Week Dress Up Parade and Walkathon 11:30am -12:55pm RHIPP
Week 6 Aug 26 -30	Year 2 Aquasafe				
		Limelight Wassa Wassa Technical Rehearsal 9:30am – 2:30pm Limelight Choral Technical Rehearsal 12pm – 3pm	Year 5 Learning Journey Limelight Wassa Wassa Technical Rehearsal 10:50am - 1:30pm	Limelight Choral Rehearsal 9:30am – 2:30pm Preschool Canberra Museum and Art Gallery Excursion	Whole School Assembly Limelight Wassa Wassa Dress Rehearsal 9:30am – 2:30pm RHIPP
Week 7 Sep 2 - 6		Preschool Canberra Museum and Art Gallery Excursion “Birds and Bees” for P-3 parents and carers	Year 4 Learning Journey Kindergarten Information Session 8:30am – 9:00am ICAS Science	ICAS Science Year 3 Learning Journey SRC Colour Disco	Athletics Carnival Awards Assembly 9:30am ICAS Science Newsletter RHIPP
Week 8 Sep 9 - 13	ICAS Writing	ICAS Writing Preschool Learning Journey 8:30am – 9:30am School Board Meeting 5:45pm	Year 6 Band Festival 9am – 11am ICAS Writing	Preschool Learning Journey 8:30am – 9:30am	Junior Assembly – Kindergarten to Host SEAACT Science Fair Entries Due RHIPP P&C Trivia Night
Week 9 Sep 16 - 20	Kindergarten Health Check				
			Christian Education		Newsletter RHIPP
Week 10 Sep 23 - 27					Whole School Assembly Jump off Day



GIRLS ONLY AUSKICK AGES 5-12
FRIDAYS STARTING 23/8

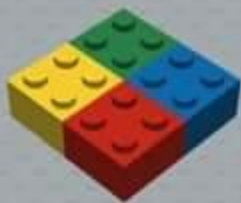
6 WEEKS, \$40 INCLUDES FOOTY

Kingston Oval, 4:30pm

amy.dwyer@afl.com.au



Sign up for junior footy at play.afl



BrickExpo

Tenth Year
Canberra 10th & 11th August 2019

TICKETS ON SALE 1st JULY!

www.BrickExpo.com.au



BILSY HENRY

Sessions
& tickets are
limited!

Special VIP Guests

You've seen them
On Television

Henry and Bilsy
will be at
Brick Expo 2019

I wonder what
they will build?

Proudly supported by



HELLENIC CLUB
Where Canberra Meets

Where is it?

The Hellenic Club, Matilda Street Woden

When is it?

9:00 am - 4:30 pm, Saturday 10th August 2019

9:00 am - 4:30 pm, Sunday 11th August 2019

Brick Expo is a not-for-profit event organised in association with the Canberra Lego User Group. Event proceeds will assist our major charity PaTCH (Paediatrics at the Canberra Hospital).



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Eastlake Cricket Club

Junior registrations now open for 2019-20

Eastlake is the local junior cricket club for Woden Valley and the Inner South and won a record 4 premierships in the 2018-19 ACT Junior Cricket competition. We have a range of formats to suit boys and girls of primary school age.

To register: (<https://www.playcricket.com.au/club-finder/club-details?Id=14950>)

Boys and girls aged 7 to 9: Master Blasters is a super fun, social, safe, cricket program for boys and girls. The program is much shorter than traditional cricket, with a maximum of 90 minutes playing time. All the equipment is supplied and the games take place at Deakin on a Friday evening.

- **Under 10 to Under 18 Junior cricket:** Competitive cricket for ages 9 and up
- **Eastlake Girls Spirit Girls Cup and Plate Competitions:** Competitive cricket for girls aged 9 and up

Further junior Division 1 trial information is available at: <http://eastlakejcc.act.cricket.com.au/>

For girls cricket enquiries please email davidlcarr65@gmail.com

For Under 10 enquiries please email scott.weston@health.gov.au

For Under 11 enquiries please email kennygolder@gmail.com

For Under 12 enquiries please email president.eastlake@gmail.com

For Under 13 enquiries please email president.eastlake@gmail.com

For Under 14 enquiries please email andrewpratt99@bigpond.com

For Under 15 enquiries please email chawlaa@gmail.com