

Issue 15
13 November 2020

Red Hill School Newsletter

Coming Events

Monday 16th November

Senior Choir 1:05pm

Wednesday 18th November

School Band and Choir
Performance 6:30pm to
7:30pm

Thursday 19th November

Year 3/4 Choir 8:10am

Junior Singing Group
8:30am

Preschool Yurbay Incursion

Friday 20th November

RHIPP

Monday 23rd November

Senior Choir 1:05pm

Tuesday 24th November

Year 5 National Museum of
Australia Excursion

Preschool Yurbay Incursion

Wednesday 25th November

Year 5 Leadership

Thursday 26th November

Year 5 Leadership

Year 3/4 Choir Performance
8:30am to 9am

Junior Singing Group
8:30am

Year 6 Exhibition

Friday 27th November

RHIPP

Newsletter



Red Hill School is a Nut Free Environment



Year 6 Wassu Wassu Performance

Notes Home

Community Notice re New Transportable Classrooms (via email)

Year 5 National Museum of Australian Excursion

Preschool Yurbay Incursion Thursday 19th November

Preschool Yurbay Incursion Tuesday 24th November

Year 6 Fun Day

Contents

Leadership Team Overview	3
SEAACT Science Fair 2020.....	5
National Science Week Deep Blue Competition	5
Student Achievement.....	6
The Green Team	6
Defence News.....	7
Healthy Hub.....	8
P&C News and Events	9
Red Hill School Calendar 2020 – Term 4	11
Community News and Events	12

Think before you park...and keep our kids safe!

With school now back we are encouraging all parents to make parking safety a priority!

This means:

- keep clear of 'no stopping' and 'no parking' zones
- don't stop in the car park roadway to let children exit the vehicle, always pull into a parking bay or consider using the 'kiss and go' zone
- don't park in bus zones, on school crossings, across footpaths or driveways; and
- don't double (or triple) park!

Remember - it's okay to park a little further away from the school and walk the rest of the way!

Consider - having a pre-determined meeting spot agreed with your kids. That way if you are a little late, they know where to wait.

Think - visibility around schools and if your car may be blocking the view of crossings for other motorists. Also be mindful when entering or leaving parking spots – look twice!

Be kind - to other road users and pedestrians and also if you see any parking officers in the area – they are doing their job and working to keep our kids safe!

Note - Licence Plate Recognition (or electronic chalking) vans are now actively monitoring schools. Penalties range from \$114 upwards to \$600. Details at www.act.gov.au/accessCBR

Leadership Team Overview

Transitions

As usual there are currently several initiatives happening across the school to support the transition of students for next year.

Our year 6 students have been involved in different programs depending on their pathway to secondary school in 2021. Telopea High staff and students have visited Red Hill recently to share high school experiences and answer our students' questions. Red Hill students are also visiting their chosen high schools for orientation visits. These experiences help to alleviate the normal anxiousness about the transition from primary school to high school. This anxiousness may be higher for some children than others, hence we have arranged extra visits for some students. If you sense that your child may also require extra transition support please contact Di Peios (Transition Coordinator) or Nathan James (Deputy Student Welfare), so that we can arrange extra orientation visits and/or counselling as appropriate.

Last week and this week, we have had many children visit preschool for their first taste of school and preschool visitors participating in our kindergarten transition program. Knowing that 'uncertainty creates vulnerability' (Timperley, 2018), we plan the visits specifically to help prepare students for the following year by allowing them to experience what learning looks like in the early childhood classrooms. Many parents have told us what a success the visits are for their children, who, although a bit anxious when talking about going to big school, also become excited! One young man announced that he didn't want to go back to preschool after his morning in kindergarten! Thank you to our preschool and kindergarten teachers and support staff who made this year's program a success. (We are also preparing video clips about kindergarten that preschool teachers can show in their classrooms to support familiarisation.)

Students from Narrabundah Early Childhood School are joining us each Friday afternoon for RHIPP, and other new students will join us for orientation visits before joining year three and other grades in 2021. In addition to these visits we will also be offering interviews for all kindergarten and other new families. This allows us to learn more about your children, pass on information packs and provide an opportunity for questions.

In week 9 we have planned an afternoon for students to 'act up'! The purpose of 'acting up' is to provide all students with an opportunity to imagine themselves in the learning environment that they will be in the following year. Students will have a snapshot experience acting up in the year level above for an afternoon, so that they become familiar with the play areas, classrooms and meeting areas.

In the next two weeks some students will bring home sociograms (otherwise known as class friendship lists). Please read your children's sociograms carefully and have a conversation with them about who they learn best with. Once you have made any necessary adjustments please return the slip to your child's class teacher by **Monday 30th November**. (Please note: Because this year was disrupted by pupil free periods and weeks of online learning, we have decided to keep most class groups intact for 2021. We will only be forming new classes for the key transition

points i.e. kindergarten, grade one, grade three and grade five. Students entering grade two, four and six will remain in their current class groups for 2021.

Thank you to the families who have already let us know of changing family circumstances in 2021. If your child will not be attending Red Hill School in 2021 please let us know as soon as possible. It is very important that we have accurate enrolment projections so that we can plan staffing and the number of classes for next year.

Canteen News

This afternoon the P&C Canteen Working Group and I met with the Healthy Kids Association (HKA) to review the canteen service and plan for 2021. We are delighted to announce that HKA will continue to operate our school canteen next year and that we will also trial the service four days a week in term one.

Other Canteen News

- The canteen will shortly resume sales across the counter. Parents will be able to either pay for items online or send cash with their child. To minimise Covid risks and avoid unnecessary handling of money we are asking that parents give students the correct amount of cash for items.
- HKA will soon be extending the drink range by offering milk with “Sippah” straws in different flavours.
- There will be a special “treat” lunch day on Friday December 11th. This will be the last canteen day for 2020.

We will send more information about each of these initiatives by email next week.

We would like to thank Lauren Resnik and Veronica Ellsmore for their continued involvement on the Canteen Working Group and their frequent liaison with HKA.

Louise Owens
Principal

SEAACT Science Fair 2020

As reported in an earlier newsletter, the 2020 SEAACT (Science Educators Association of the ACT) Science Fair concluded on the weekend of 12 – 13 September 2020.

This year we had sixteen students submit entries from Red Hill Primary School. We had a lot of interest from the junior school, and this was backed up by the senior school.

The following students are to be congratulated on their participation: Adenike Adeniran, Ahaana Chauhan, DanYu Lin, Ezra Wilson, Guhika Walia, Lachlan Leonard, Maja Serena, Meng Shiun, Meredith Watt, Phoebe Clark, Sanna Kumaran, Torres-Schmidt, Vinayak Saini, and Ximena Parrales.

The following students are to be commended on winning a prize at this year's SEAACT Science Fair.

- Second place, Biology, Early childhood - Guhika Walia & Harshika Mehra: *Protection from Germs – Do We Hand Wash or Sanitise?*
- Second place, Earth and Space, Primary - Ahaana Chauhan: *Let's Stop Soil Erosion*
- Highly Commended, Engineering, Primary - Meng Shiun: *Why Not 2-Blade Propeller*
- Highly Commended, Physics, Primary - Lachlan Leonard: *Water Rocket*

Congratulations, once again, to all who participated. I look forward to an even stronger Red Hill contingent at next year's SEAACT Science Fair.

Yours in science,

Tony Kennedy



National Science Week Deep Blue Competition

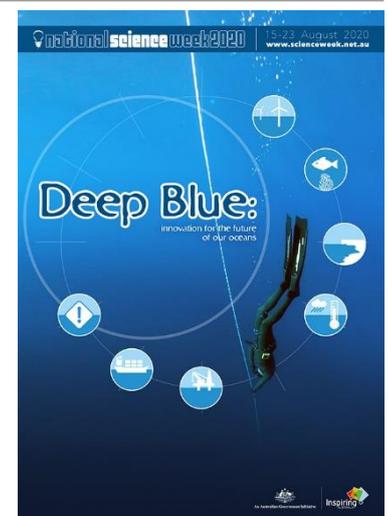
I am also thrilled to advise that the Australian Science Teachers Association has selected two of Red Hill Primary's students as winners in the National Science Week Deep Blue Competition.

Congratulations to Sierra Ryan in 4K and Guhika Walia in 2LF for winning one of the three prizes for the ACT. Each student will receive a \$100 e-gift card for themselves, plus another for their school.

Luckily, Red Hill Primary will receive two gift cards!

Congratulations!

Tony Kennedy



Student Achievement

D'Arcy from 5S and his horse Benji competed in Wagga Horse Trials at Narrandera across the three disciplines of dressage, cross-country and showjumping.

The rain on Friday and Saturday did not dampen anyone's spirits or affect the cross-country course on Sunday.

D'Arcy and Benji successfully completed all three disciplines and received a rosette. D'Arcy is off to a pony club ODE this weekend. Good luck D'Arcy!



The Green Team

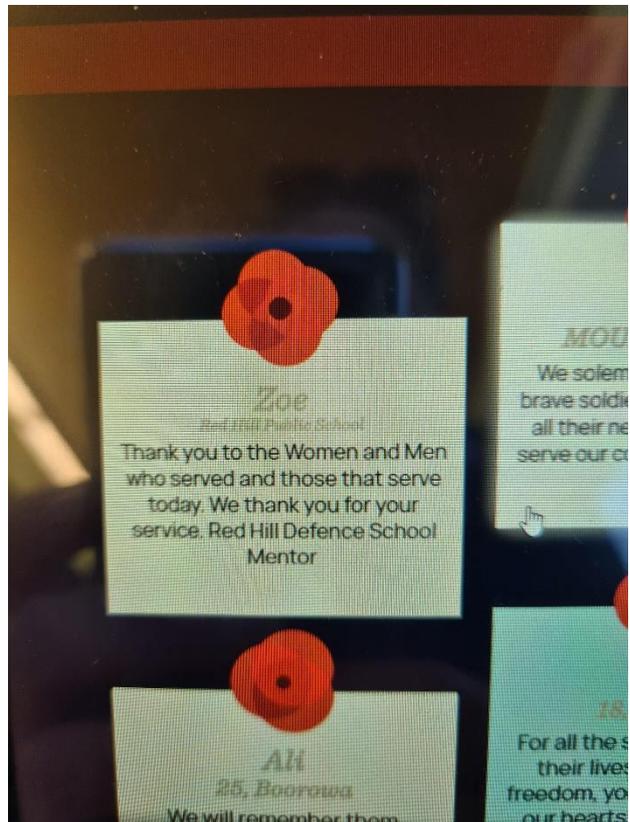
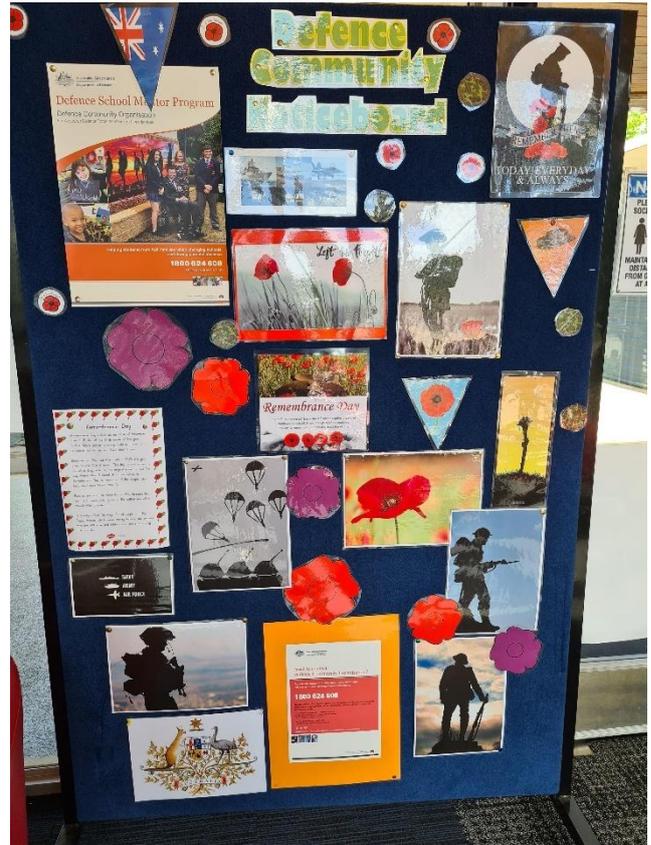
The Green Team would like to introduce the newest members of our school community, Brownny, Teddy and Molly. They have been happy getting to know the children while scratching, clucking and pecking their way through the splendid spring weather.

If your family have the means to care for our chickens over the summer holidays please email Karen Spence karen.spence@ed.act.edu.au



Defence Happenings

11th September 2020 – Remembrance Day





How to raise happy, healthy eaters and remove stress from meal time

We all want our children to grow up to be good eaters, who eat a variety of healthy foods and who have a positive relationship with food. And let's face it, who doesn't want to remove the stress from meal-time battles?

The [Division of Responsibility](#) might just help you with that! Ellyn Satter, a world-renowned dietician and feeding expert, developed the Division of Responsibility in regard to feeding children. It encourages us to provide a structured, supportive environment and trust that our children will learn to eat according to their body's internal cues of fullness and hunger. It can be used from feeding babies all the way up to teenagers. The theory states that:

*The parent is responsible for the **what, where and when** of feeding. The child is responsible for **how much** he eats and **whether** to eat at all.*

Parent's responsibility

The parent is responsible for **what, where** and **when** you feed your child.

What:

- Parents choose, buy, prepare and provide the food. As the parent it is up to you to provide a variety of healthy foods for your child.
- Allow your child to choose between healthy options: "Would you like chicken or salmon for dinner tonight".
- Do not become a short-order cook, and make a separate meal for everyone in the family. Provide a variety of healthy foods. Ensure that you offer at least one or two healthy foods that your child will eat.
- It is important to keep offering a variety of healthy foods, even if your child might not eat them all.

Where:

- Try to eat meals together at the table as a family, as often as possible.
- Try to avoid eating in front of screens or devices. The child becomes distracted, doesn't focus on what he is eating and may continue to eat even if not hungry. You also lose a valuable opportunity to connect and talk as a family.

When:

- Provide regular scheduled meals and snacks throughout the day. This could be 3 meals and 2-3 regular snack times.
- Do not allow children to graze all day, or they won't be hungry at scheduled eating times.

Child's responsibility

It is the child's responsibility to decide **how much to eat**.

- Babies and young children have a good sense of knowing when they are full or hungry.
- It is up to your child to decide how much to eat of the food you that have offered, they can eat as much or as little as they want.
- Avoid pressuring or bribing your child to eat. Avoid saying "just one more bite", "finish your plate" or "if you eat your beans, I will give you ice cream ". Trust your child.

By following The Division of Responsibility, you can help your child have positive attitudes about food, learn to like and eat a variety of healthy foods and eat the amounts of food they need to grow and be healthy.

RED HILL UNIFORM SHOP



HATS

Bucket	\$12
Micro Bucket	\$12
Surf	\$10
Slouch	\$10

BODY

Summer Dress	\$47.00
Polo Shirts Green/Yellow Short sleeve	\$24.50
Polo Shirt Green Long sleeve	\$24.50
Waterproof Flying Jacket	\$30.00
Microfibre Jacket	\$43.00
Red Hill Hoodie	\$30.00
Fleece Full Zip Jacket	\$25.00
Cotton Pleated Skort	\$23.50
Gabadine Skort	\$23.50
Gabadine Shorts	\$23.50
Knit Shorts	\$18.50
Gabadine Double Knee Pants	\$28.00
Bootleg Stretch Pant	\$38.50
Microfibre Track Pant	\$33.50
Fleece Straight Leg Pant	\$23.00
Ankle Socks	\$5.50
Tights	\$12.00

BAGS

Medium	\$47.00
Large	\$50.00

Ordering in person

UNIFORM SHOP IS CURRENTLY CLOSED FOR FACE TO FACE SHOPPING. PLEASE ORDER ONLINE.

Ordering Online

The Red Hill School P&C Association uses Flexischools for uniform shop sales. It is a cashless online ordering system which streamlines payment, ordering and processing of purchases and events.

Quick and easy it can be accessed 24/7 on PC, Mac or mobile app. Some fees may apply.

School Uniform orders will be delivered to your child's classroom via their teacher or Uniform Shop Staff.

Please note the following:

- Payment is by credit card or bank transfer
- Some fees may apply
- Online orders are delivered on a Wednesday or Friday afternoon of the same week, some deliveries may carry over to the following Monday
- Details on sizing, including height, chest and waist are noted with each garment listing
- You will need to include your child's name and class i.e. 3E, (for families new to the school and not yet been allocated a class) please enter "New Student" and orders will be held at the front office for collection
- For further information and to register please visit: www.flexischools.com.au

Uniform Shop Update

December 2020

Due to COVID restrictions, the uniform shop will remain closed during term 4, all orders are to continue via flexischools.

www.flexischools.com.au

New families can book time with the Uniform Shop Manager if needed; please email for a booking time: rhps.uniformshop@gmail.com

Booking days will be between Monday 14th December and Friday 18th December - last week of term.

Secondhand requests can be emailed through to the shop manager.

Donations are to be placed in the purple bin in the front office foyer.

Lost property will continue to be monitored and items that are labelled sent to the front office for return to the student. Anything not labelled will be sent to charity.

*Flexischool **order cut off for 2020 will be 11th December.***

All orders placed during week 9 will be delivered between Monday 14th and Friday 18th December

School Banking

School Banking day – Friday



Leave banking at Front Office by 9.00am on Friday Morning 
Collect after 3.15pm on Friday Afternoon

Open a Dollarmite account at any Commonwealth Bank branch and start banking today
every \$ you bank raises money for the school



P&C
RED HILL PRIMARY

Dear Red Hill community,

Did you know there is a Red Hill School private Facebook group? If you aren't already following, please follow us. We would love to build it to 500+ members.

Join to connect and keep up to date with P&C and school activities, including;

- Reminders about school activities, canteen, uniform and Flexischools orders
- Find out about activities and get involved in P&C support for the school
- Meet and connect with other parents and the whole school community.



**PLEASE SEARCH FOR US. WE ARE CALLED:
"RED HILL SCHOOL COMMUNITY"**

Your friendly P&C Committee

Red Hill School Calendar 2020 – Term 4

Mon 12 Oct - Thurs 18 Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Oct 12- 16	Senior Choir 1:05pm			Year 3/4 Choir 8:10am Junior Singing Group 8:30am Telopea High School visit to Year 6	Newsletter – Louise RHIPP
Week 2 Oct 19 - 23	SEAACT Science Fair – Public Viewing CSIRO Discovery CBCA Book Week				
	Senior Choir 1:05pm	Year 6 Race Around the Lake Excursion	Mini Art Show Years 4, 5 and 6	Year 3/4 Choir 8:10am Junior Singing Group 8:30am Mini Art Show Years 4, 5 and 6	Book Week Parade and Walkathon RHIPP SEAACT Science Fair Award Ceremony
Week 3 Oct 26 – Oct 30	Preschool Photos Senior Choir 1:05pm	School Board Meeting 5:45pm		Year 3/4 Choir 8:10am Junior Singing Group 8:30am Preschool Photos	RHIPP Newsletter
Week 4 Nov 2 - 6	Senior Choir 1:05pm		P&C Meeting 6:30pm	Year 3/4 Choir 8:10am Junior Singing Group 8:30am	RHIPP
Week 5 Nov 9-13	NAIDOC Week				
	Senior Choir 1:05pm		Remembrance Day Book Swap Day Wassa Wassa Performance 6:30pm to 7:30pm	Year 3/4 Choir 8:10am Junior Singing Group 8:30am	RHIPP Newsletter
Week 6 Nov 16 - 20	Senior Choir 1:05pm		School Band and Choir Performance 6:30pm to 7:30pm	Year 3/4 Choir 8:10am Junior Singing Group 8:30am Preschool Yurbay Incursion	RHIPP
Week 7 Nov 23-27	Senior Choir 1:05pm	Year 5 NMA and Reconciliation Place Excursion Year 5 Leadership Preschool Yurbay Incursion	Year 5 Leadership	Year 3/4 Choir Performance 8:30am to 9am Junior Singing Group 8:30am Year 5 Leadership	RHIPP Newsletter
Week 8 Nov 30 – Dec 4	Senior Choir 1:05pm	School Board Meeting 5:45pm		Year 3/4 Choir 8:10am Junior Singing Group 8: Year 6 Exhibition 30am	RHIPP
Week 9 Dec 7- 11	Year 6 Telopea High School Transition Visit Senior Choir 1:05pm P&C Meeting 6:30pm Staff Room	Year 6 Telopea High School Transition Visit Whole School Captains Speeches and Voting	Year 6 Fun Day Christian Education in Schools	Year 3/4 Choir 8:10am Junior Singing Group 8:30am End of Year Disco	Newsletter
Week 10 Dec 14 - 18	Senior Choir 1:05pm		Year 6 Graduation	Year 3/4 Choir 8:10am Junior Singing Group 8:30am	Last Day of School for 2020



www.fifthlane.com.au/christmas2020



Support your school, and get wonderful Christmas photos!

Fifth Lane will donate \$20 from your booking to your school.
Registered schools only.

What's included in your Christmas Session?

A 20 minute Christmas themed studio session with Pete & Beth

A minimum of 10 high resolution colour images, professionally edited and delivered via digital download within one week

Different combinations of all family members

Price: \$230

DETAILS & BOOKINGS

www.fifthlane.com.au/christmas2020



McDonald School of Tennis 2020 Christmas School Holiday Tennis Clinic

Kindergarten to 17 Years
All standards



Red Hill Tennis Club, Astrolabe St, RED HILL

21st December to 24th December

Monday to Thursday 8:00am to 1:00pm (Half Day) or

Monday to Thursday 8:00am to 6:00pm (Full Day)



✓ 100% refund after Monday if not continuing

✓ FULL DAY, less than \$6/hr 🤩! 👍 💰

✓ HUGE FAMILY DISCOUNTS

✓ SANTA CLAUS 🎅 VISITING AND HANDLING OUT PRESENTS (Thurs morning)!!



🎾 Full Stroke Development (1st timers/beginners will be serving over-arm by end of the clinic!)

🎾 Well credentialed, well trained coaching Team

🎾 Trophy Singles Tournament – Thursday 🏆

🎾 Afternoon Doubles Training and Tournaments

🎾 McDonald's Lunch – Thursday full day pupils

🎾 Free racquet hire

🎾 Great range of Lunchtime activities

– Games, heaps of fun, Prizes galore!

Enrolment Forms at School Front Office or

Phone Matt McDonald, Professionally Qualified Level 2 Tennis Coach 0412565137