

Issue 12  
16 October 2020

# Red Hill School Newsletter

## Coming Events

**Monday 19<sup>th</sup> October to  
Friday 23<sup>rd</sup> October**

CBCA Book Week

SEAACT Science Fair – Public  
Viewing CSIRO Discovery

**Monday 19<sup>th</sup> October**  
Senior Choir 1:05pm

**Tuesday 20<sup>th</sup> October**  
Year 6 Race Around the Lake  
Excursion

**Wednesday 21<sup>st</sup> October**  
Mini Art Show Years 4, 5 and  
6

**Thursday 22<sup>nd</sup> October**  
Year 3/4 Choir 8:10am  
Junior Singing Group 8:30am  
Mini Art Show Years 4, 5 and  
6

**Friday 23<sup>rd</sup> October**  
Book Week Parade and  
Walkathon  
RHIPP  
SEAACT Science Fair Award  
Ceremony

**Monday 26<sup>th</sup> October**  
Preschool Photos  
Senior Choir 1:05pm

**Tuesday 27<sup>th</sup> October**  
School Board Meeting  
5:45pm

**Thursday 29<sup>th</sup> October**  
Preschool Photos  
Year 3/4 Choir 8:10am  
Junior Singing Group 8:30am

**Friday 30<sup>th</sup> October**  
RHIPP  
Newsletter



*Red Hill School is a Nut Free Environment*



Year 5 Wassas – First Performance on Friday 26<sup>th</sup> September  
Well Done!

## Notes Home

Mini Art Show (via email to Years 4,5 and 6 only)

Year 6 Race Around the Lake Excursion – (Change of Date)

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## Think before you park...and keep our kids safe!

With school now back we are encouraging all parents to make parking safety a priority!

This means:

- keep clear of 'no stopping' and 'no parking' zones
- don't stop in the car park roadway to let children exit the vehicle, always pull into a parking bay or consider using the 'kiss and go' zone
- don't park in bus zones, on school crossings, across footpaths or driveways; and
- don't double (or triple) park!

**Remember** - it's okay to park a little further away from the school and walk the rest of the way!

**Consider** - having a pre-determined meeting spot agreed with your kids. That way if you are a little late, they know where to wait.

**Think** - visibility around schools and if your car may be blocking the view of crossings for other motorists. Also be mindful when entering or leaving parking spots – look twice!

**Be kind** - to other road users and pedestrians and also if you see any parking officers in the area – they are doing their job and working to keep our kids safe!

**Note** - Licence Plate Recognition (or electronic chalking) vans are now actively monitoring schools. Penalties range from \$114 upwards to \$600. Details at [www.act.gov.au/accessCBR](http://www.act.gov.au/accessCBR)

## Leadership Team Overview

### Dear parents and carers,

Term 4 has commenced with glorious Spring weather and a further easing of Covid restrictions by ACT's Chief Health Officer. We have been thinking creatively about how we can celebrate with the students, particularly those in year six who are rapidly approaching the culmination of their time at Red Hill. Consequently, we welcome the easing of restrictions because it will make many of our ideas easier to bring to fruition.

ACT Health and ACT Education have recognised the importance of end-of-year celebratory events such as graduation ceremonies and performances. They have indicated that these events can go ahead provided they are conducted in accordance with the Covid "End of Year School Events" guidelines. Hence, we will be able to hold many of our traditional end of year events although they will require some modification. In order to minimise risk, schools have also been asked to limit the number of events that take place.

We have carefully considered which events should take priority and how we can design these in the best interests of the students concerned whilst meeting the guidelines. We are also mindful that the situation could change very quickly, so we need to be flexible, designing events that can be changed quickly in response to public health advice. We apologise in advance if some of the modifications to events cause disappointment and stress that the students have been at the forefront of all our decisions.

I would like to explain the impact of the ACT Health school guidelines as they stand now, so that any changes we have made to events can be more easily understood.

- We can now have 200 adults on the school site for scheduled events (e.g. graduations and music performances) however this is complicated by the continued density requirement of one adult per four square metres indoors. Adults must still maintain 1.5 metres distance at all times (this does not apply to household groups or to students from the same school).
- Primary schools are expected to hold events on site. Students and staff members are not required to be included in any gathering limits when events are held at the school. However, if we move an event off site students and staff are included in the gathering limit.
- Schools should keep events under two hours duration and only include students from the same school.
- All participants (including parents, carers and students) must RSVP to the event.
- Students, staff, parents and carers attending events should remain seated at all times except when arriving and leaving the event, or when using bathroom facilities.
- Parents and carers should not mingle and should leave the school as quickly as possible following the completion of the event.

With this in mind I have listed the key events which we plan for this term. I am also hopeful that we can invite parents to some small assemblies later on.

### **P&C's Election Day BBQ fundraiser Saturday 17<sup>th</sup> October 9am - 2pm**

The first event of the term will be the P&C's Election Day BBQ fundraiser which we have been given permission to run this Saturday (according to strict Covid guidelines). We know many of our community may have already voted but it would be great if families could still drop by and purchase a sausage and drink or help out cooking 'snags'. Any money raised will go towards maintaining our new football field, which has finally been safely fenced, and building a shaded outdoor learning space between the basketball courts. Voyager Park is now well used by many in the community so encourage your neighbours to buy a sausage too, even if they don't have children attending Red Hill School. Every contribution will help the school to look after the space in the future.

### **Book Week Parade and Walkathon Friday October 23<sup>rd</sup> 9.20am -10.50am; 11.30am - 12.55pm**

The next event is our Book Week Parade and Walkathon on Friday October 23<sup>rd</sup>. Students will do a lap of the block in year levels, starting on Astrolabe Street, then walking down La Perouse Street, turning left onto Carnegie Crescent, then left onto Monaro and finally back up Astrolabe Street. If you live on those streets and have little children at home keep an eye out for us as we walk past, colourfully dressed up in Book Week costumes. If you can help out with supervision on the day that would be wonderful too, especially when the younger children are parading. The year level timetable is included in this newsletter.

### **Parent Circles : Positive Education and the IB Primary Years Program**

Over the last 2 years we have invested a lot of thinking, time and resources into the implementation of positive education psychology at Red Hill, assisted by Dr. Justin Coulson and the Berry Street Education Centre. In 2020 we focussed on implementing the first two domains of our new Positive Education framework, Health and Strengths. Next year we will implement the domains of Relationships and Purpose.

We believe that this year, more than ever, we have benefited from our commitment to mindfulness and other wellbeing strategies in the classroom and staffroom. However, we would love to hear your thoughts on our implementation of Positive Education and invite any interested parents to join us in some small group circle meetings. We would also like to hear your thoughts on the Primary Years Program (PYP), leading up to our PYP re-evaluation early next year. Formal invitations will come out next week.

### **The Performing Arts**

Sadly, we were unable to run our annual Art Show and Music Spectacular. However, we recognise the importance of performance opportunities, given the enormous commitment the students and their teachers have made over several years. Whilst we cannot invite the whole community to hear the students sing or play because we are required to adhere to social distancing and capacity guidelines, we thought the students would still benefit by showcasing their achievements in smaller performances for their parents and carers. If your child is on one of the musical ensembles please set aside the dates of these performances, which will be held in the Senior Hall.

**Thursday 12<sup>th</sup> November 6.30pm-7.30pm** : Wassa Wassa (Junior and Senior)

**Wednesday 18<sup>th</sup> November 6.30pm-7.30pm** : School Bands and Senior Choir (Junior and Senior)

**Thursday 26<sup>th</sup> November 8.30am-9.00am** : School Choir

## Year 6

We also want our year 6 students to celebrate the end of their primary schooling. Although we will have to modify the events a little, **we will be holding Exhibition and Graduation on Wednesday 2<sup>nd</sup> December and Tuesday 15<sup>th</sup> December respectively**. A letter will come home next week outlining the arrangements and times.

## Disco

Finally, I think the students will be excited to hear that everyone from kindergarten to year six will be invited to the annual school disco on Thursday 10<sup>th</sup> December!

Today there was also great excitement when we restarted the RHIPP program. We have thirty-six different activities running this term, including cross-stitching, origami, reading club, comic book making, local neighbourhood walks, gym, soccer, African Dance, music appreciation, preschool buddies, science club, gardening, painting, photography, cooking, film making, weaving and more! If you have a spare afternoon come and join us. We appreciate extra hands on deck for this wonderful multi-age program and we value the community joining us.

Kind regards

Louise Owens (Principal)

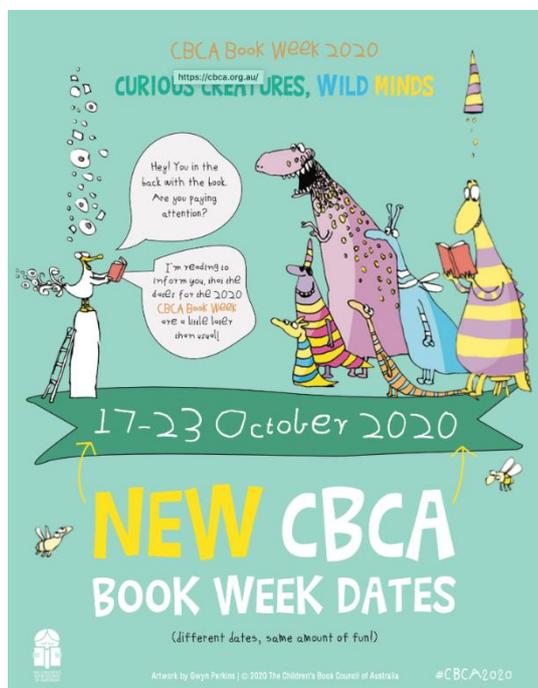
On behalf of the Red Hill Team

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The Education Directorate, along with the Office of the eSafety Commissioner, Australian Federal Police and ACT Policing hosted a live webinar for families recently. To support families that may have been unable to attend the webinar, the following resources have been provided to help their child or young person develop their knowledge and understanding of issues that can impact them online and how to develop help-seeking behaviours if things go wrong.

- Office of the eSafety Commissioner parent resources: [eSafety Parent Resources](#)
- Fact sheet: [Hard to have conversation](#)
- Fact sheet: [Sharing harmful or illegal content](#)
- Fact sheet: [Self-generated sexual content and personalised images](#)
- Fact sheet: [Image based abuse and sexual extortion](#)
- How to create a family online safety contract: [Family Online Safety Contract](#)

# NEWS FROM THE LIBRARY



“Each year since 1945 the Children’s Book Council of Australia has brought children and books together across Australia through Book Week. During this time schools and public libraries spend one glorious week celebrating books and Australian children's authors and illustrators. Classroom teachers, teacher librarians and public librarians create colourful displays, develop activities, run competitions and tell stories relating to a theme to highlight the importance of reading. You will often see parades with students dressed as their favourite book character.”

This year’s BOOK WEEK was rescheduled by the Council to term four.

**Date: October 17-23.**

**The theme: Curious Creatures, Wild Minds.**

## Heads up!

Each year Red Hill School and the P&C run a wonderful Book Week Parade and Walkathon. Although it may look slightly different, we are going ahead with this event. Over recent weeks of school, teachers have shared the Book Council’s shortlisted fiction and non-fiction books with students. We will culminate our celebration of wonderful literature on **Friday 23<sup>rd</sup> October** when we will dress up as book characters for our usual parade and walkathon.

As in the past we encourage students to be creative in putting together their costumes, rather than buying them. A prize will be awarded to the most creative costume for each year level.

**We need parent helpers for the parade/walkathon. If you can assist, even for just 30 minutes, please contact the front office.**

## Walkathon/Book Week Parade Timetable FRIDAY 23<sup>rd</sup> OCTOBER

Year level	Proposed start time	
Year 5	9.20am	
Year 4	9.40am	
Year 3	10.05am	
Year 2	10.25am	
Year 1	11.30am	
Year 6	11.55am	
Kindergarten	12.20am	Accompanied by year 6 students.

# SEAACT Science Fair 2020



The 2020 SEAACT (Science Educators Association of the ACT) Science Fair concluded on the weekend of 12 – 13 September.

It was pleasing to see the number of entries from Red Hill Primary School increase to sixteen. We had a lot of interest from the junior school, and this was backed up by the senior school.

Congratulations to the following students on their participation: Adenike Adeniran, Ahaana Chauhan, DanYu Lin, Ezra Wilson, Guhika Walia, Lachlan Leonard, Maja Serena, Meng Shiun, Meredith Watt, Phoebe Clark, Sanna Kumaran, Torres-Schmidt, Vinayak Saini, and Ximena Parrales.

A special mention to the following students who won a prize at this year's SEAACT Science Fair. This may be first, second, or highly commended:

- Guhika Walia & Harshika Mehra: Protection from Germs – Do We Hand Wash or Sanitise? (Biology)
- Ahaana Chauhan: Let's Stop Soil Erosion (Earth and Space)
- MengShiun Lin: Why Not 2-Blade Propeller (Engineering)
- Lachlan Leonard: Water Rocket (Physics)

## Changes to the Awards Ceremony

Due to the complications of COVID-19 restrictions, particularly for groups of people gathering indoors, this year's awards ceremony will be very different. There will be two exciting opportunities for schools to celebrate their students' achievements.

### 1. SEAACT Science and Engineering Awards Box

Each school will receive an awards box containing a list of all their winners, certificates and prizes.

This will allow schools to present these awards at a school assembly or their own special event.

### 2. Virtual Awards Ceremony

Class teachers, students and their families will also be able to access an online presentation announcing all winners in all categories and age groups. Teachers will be notified when the link to the presentation has been uploaded so that it can be shared with your community.

All hard copies of winning projects will be kept and displayed at the Hedley Beare Centre for Teaching and Learning. Winning projects and the awards box will be delivered to each school following the virtual awards ceremony but before 23 October.

May all who entered try again next year and I hope that involvement in the Science Fair has lit their passion for science.

I hope that this encourages more students to enter next year and that there will be some passionate teacher to lead the Red Hill contingent at the 2021 SEAACT Science Fair.

**Yours in science, Tony Kennedy**

# Crazy Hair Day 25<sup>th</sup> September 2020



*Evangeline 5S*



*Tannu KMC*



*Jaya 1K*



*Grace 5MN*



*Emily 6S*



*Arkie 2LF*



*Savannah 1C*



*Sophia 2B*



*Marko 1R*



*Harper 4G*



## Try for 5 - Find your veg inspiration

This week is National Nutrition Week with the campaign [Try for 5](https://www.tryfor5.org.au/) encouraging us all to increase our veggie intake. Did you know that only 7% of adults and 4% of children follow the dietary guidelines and eat 5 serves of veggies a day? Check out some tips below to help inspire you (and your children) to get your 5 in.

### Use every meal and snack time as an opportunity to serve some veg

**Breakfast:** while you might not usually think of veggies for brekkie – there are some great options for your child to try.

- Avocado, baked beans or peanut butter on wholegrain toast
- Savoury veg pikelets or muffins
- Eggs go well with veg - try adding diced veg to scrambled eggs or omelettes.

### Recess:

- Carrot, cucumber, capsicum, celery sticks or mini corn on the cob
- Instead of crisps, give popcorn or roasted chickpeas instead.
- Savoury veggie pikelets, muffins or zucchini slice

**Lunch:** There are lots of ways to add veg to your child's lunch.

- Be sure to add veg to any sandwich or wrap (lettuce, grated carrot, cucumber, tomato, hummus and avocado spread are all good options)
- Couscous, bean, lentil or pasta salads
- Savoury veggie pikelets, muffins or zucchini slice
- Rice paper rolls with veg
- Don't forget our canteen also has many fantastic options to get those veggies in.

**After school snack:** After a busy day at school, your child is likely to be really hungry. Instead of snacking on biscuits and crisps, afternoon snack time is the perfect opportunity for delicious, nutritious veg snacks.

- Veggie sticks, pita bread and hummus dip
- Savoury pikelets or veg frittata
- Wholegrain toast with avo or peanut butter

**Dinner:** There are so many options to get veg in at dinner time.

- Add veggies to your favourite meals – add chopped zucchini, carrot and capsicum to pasta sauce, add lentils, carrots and zucchini to spaghetti bolognese or lasagne
- Baked potatoes or sweet potatoes with baked beans, creamed corn, tuna and salad
- Try different ways of preparing veg -roasting, stir frying, baking or serving raw

**Check out Try for 5 website for some amazing tips and recipes** <https://www.tryfor5.org.au/>

## RED HILL UNIFORM SHOP



### HATS

Bucket	\$12
Micro Bucket	\$12
Surf	\$10
Slouch	\$10

### BODY

Summer Dress	\$47.00
Polo Shirts Green/Yellow Short sleeve	\$24.50
Polo Shirt Green Long sleeve	\$24.50
Waterproof Flying Jacket	\$30.00
Microfibre Jacket	\$43.00
Red Hill Hoodie	\$30.00
Fleece Full Zip Jacket	\$25.00
Cotton Pleated Skort	\$23.50
Gabadine Skort	\$23.50
Gabadine Shorts	\$23.50
Knit Shorts	\$18.50
Gabadine Double Knee Pants	\$28.00
Bootleg Stretch Pant	\$38.50
Microfibre Track Pant	\$33.50
Fleece Straight Leg Pant	\$23.00
Ankle Socks	\$5.50
Tights	\$12.00

### BAGS

Medium	\$47.00
Large	\$50.00

### Ordering in person

**UNIFORM SHOP IS CURRENTLY CLOSED FOR FACE TO FACE SHOPPING. PLEASE ORDER ONLINE.**

### Ordering Online

The Red Hill School P&C Association uses Flexischools for uniform shop sales. It is a cashless online ordering system which streamlines payment, ordering and processing of purchases and events.

Quick and easy it can be accessed 24/7 on PC, Mac or mobile app. Some fees may apply.

School Uniform orders will be delivered to your child's classroom via their teacher or Uniform Shop Staff.

### Please note the following:

- Payment is by credit card or bank transfer
- Some fees may apply
- Online orders are delivered on a Wednesday or Friday afternoon of the same week, some deliveries may carry over to the following Monday
- Details on sizing, including height, chest and waist are noted with each garment listing
- You will need to include your child's name and class i.e. 3E, (for families new to the school and not yet been allocated a class) please enter "New Student" and orders will be held at the front office for collection
- For further information and to register please visit: [www.flexischools.com.au](http://www.flexischools.com.au)

Dear Community,

The Uniform Shop will be operating under the same conditions as term 2.

Please order via Flexischools @[www.flexischools.com.au](http://www.flexischools.com.au).

Orders will be packed and delivered to your child's classroom at least once a week depending on order volume.

Lost Property will be sorted at least once a week with any named clothing going to the front office for return to the owner.

If you have any questions, please don't hesitate to contact the uniform shop directly @

[rhps.uniformshop@gmail.com](mailto:rhps.uniformshop@gmail.com)

# In need of Secondhand School Uniforms

Email [rhps.uniformshop@gmail.com](mailto:rhps.uniformshop@gmail.com)  
with your requests  
and the team will sort you out.

Dear Families,

The 60th anniversary publication is finally available for pre-order!

Featuring the history of our school, memories of former students and staff, art and articles by current pupils, and this fantastic cover.

Pre-order through the uniform shop on Flexischools until 15 October for the special price of \$15, or as part of an "Anniversary Bundle" — including drink bottle and tea towel — for \$30. After mid-October the publication will be priced at \$19 each.

Pre-ordered copies will be distributed early in Term 4.

This is a wonderful keepsake for your children, and a celebration of our school in a difficult year. All proceeds will support the fundraising efforts of the P&C.

Many thanks,

Red Hill P&C



## School Banking

School Banking day – Friday

Leave banking at Front Office by 9.00am on Friday Morning

Collect after 3.15pm on Friday Afternoon

CommonwealthBank 



Open a Dollarmite account at any Commonwealth Bank branch and start banking today  
every \$ you bank raises money for the school

# Red Hill School Calendar 2020 – Term 4

Mon 12 Oct - Thurs 18 Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Oct 12- 16	Senior Choir 1:05pm			Year 3/4 Choir 8:10am Junior Singing Group 8:30am Telopea High School visit to Year 6	Newsletter – Louise RHIPP
Week 2 Oct 19 - 23	SEAACT Science Fair – Public Viewing CSIRO Discovery CBCA Book Week				
	Senior Choir 1:05pm	Year 6 Race Around the Lake Excursion	Mini Art Show Years 4, 5 and 6	Year 3/4 Choir 8:10am Junior Singing Group 8:30am Mini Art Show Years 4, 5 and 6	Book Week Parade and Walkathon RHIPP SEAACT Science Fair Award Ceremony
Week 3 Oct 26 – Oct 30	Preschool Photos Senior Choir 1:05pm	School Board Meeting 5:45pm		Year 3/4 Choir 8:10am Junior Singing Group 8:30am Preschool Photos	RHIPP Newsletter
Week 4 Nov 2 - 6	Senior Choir 1:05pm P&C Meeting 6:30pm Staff Room			Year 3/4 Choir 8:10am Junior Singing Group 8:30am	RHIPP
Week 5 Nov 9-13	NAIDOC Week				
	Senior Choir 1:05pm			Year 3/4 Choir 8:10am Junior Singing Group 8:30am Wasssa Wassa Performance 6:30pm to 7:30pm	RHIPP Newsletter
Week 6 Nov 16 - 20	Senior Choir 1:05pm		School Band and Choir Performance 6:30pm to 7:30pm	Year 3/4 Choir 8:10am Junior Singing Group 8:30am	RHIPP
Week 7 Nov 23-27	Senior Choir 1:05pm	Year 5 Leadership	Year 5 Leadership	Year 3/4 Choir Performance 8:30am to 9am Junior Singing Group 8:30am Year 5 Leadership	RHIPP Newsletter
Week 8 Nov 30 – Dec 4	Senior Choir 1:05pm	School Board Meeting 5:45pm	Year 6 Exhibition	Year 3/4 Choir 8:10am Junior Singing Group 8:30am	RHIPP
Week 9 Dec 7- 11	Year 6 Telopea High School Transition Visit Senior Choir 1:05pm P&C Meeting 6:30pm Staff Room	Year 6 Telopea High School Transition Visit Whole School Captains Speeches and Voting	Year 6 Fun Day Christian Education in Schools	Year 3/4 Choir 8:10am Junior Singing Group 8:30am End of Year Disco	Newsletter
Week 10 Dec 14 - 18	Senior Choir 1:05pm	Year 6 Graduation		Year 3/4 Choir 8:10am Junior Singing Group 8:30am	Last Day of School for 2020